

THE VILLAGE VOICE

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Smiling July Faces of WMV



July 4th Celebration Day
Road Trip to Tennessee
Wow Christmas in July
Pool Party & Cookout

Flags Waving on the 4th of July

We had a good 4th of July get together in the Ramey Center Gym. Good food, good music and good fellowship with friends and neighbors. The spirit of patriotism waved in the air as we sang... Y"ou're a grand old flag, You're a high flying flag And forever in peace may you wave."



Linda's Letter

The Majestic Month: August

I decided to start with some August Trivia: I was surprised to learn that August was actually the sixth month of the year before some of the months including August were moved around. August became the eighth month of the calendar when January and February were added to the beginning of the year in 700 BC or when these two months were moved from the end to the beginning of the year about 450 BC. There seems to be a discrepancy between the Roman Writers so this is the best estimate I could give. The month of August was not called the month of August in the beginning. The month of August used to be named Sextilis, a Latin word, meaning six and August used to be the sixth month in the ancient Roman calendar. The month of August received its name in honor of Augustus, because many of his important accomplishments allowed him to rise to power during the month of Sextilis. The word August, is a Latin word meaning; inspiring reverence or admiration; of supreme dignity or grandeur; majestic.

The August flower is the gladiolus or the poppy, and the birthstone for the month is sardonyx and or the peridot. The month of August is the month that birds begin planning to fly south for the winter, and insects are noisier and more numerous than in any other month. This information has inspired me to watch the birds and hope the mosquitoes do not grow in number.

It is also said that August is the busiest month for businesses, since most people take their vacations in August. It is also said that in the month of August weeds and other crops grow the fastest. In Britain they celebrate Thanksgiving on August 1st, because it is the beginning of their harvest time. They go to church and give thanks for their crops.

Now to really get down to the importance of August, my precious Macy (last grandchild) was born in August 14 years ago, therefore, August will always be a very special month to me.

We had a great month of July starting out with the Fourth of July party. The food was great and we all enjoyed celebrating the Fourth together. I was excited to have my Mom at this party and she had a wonderful time. I want to thank Kendall, June and all the resident volunteers who do so much to make our parties a success. We had a trip to the IMAX in Memphis, a trip to the Roundup and to Lady Luck Casino. We continue to have residents participating in the Mexican Train Dominoes. If you don't know how to play, show up and they will teach you. Kendall ended the month with a pool party on Monday, July 29. Continued on next page...

Our Mission Statement

Westminster Village is committed to providing an environment that encourages and enables our residents to enjoy life to the maximum of their capabilities in a relaxed atmosphere of security, comfort and dignity.



(Continued from main cover)
 The month of August will start out with a trip to the Pocahontas Dinner Theater on Friday, August 2. We will have an ice cream social on August 6 at the Ramey Center. Tommy Mac will begin having the "Tommy Mac Breakfast Club" each Saturday at the Café beginning August 10. WOW will meet at the Craft Hut on August 13 at 2 pm. We will have an outing to Southland Park on August 20 and an outing to the Mississippi County Fair on August 22 at 6 PM. There's lots of opportunity to enter arts and crafts at the fair. See information on page 7 to find out how to get involved. Please look at your calendar and get involved. See you there.

Everyone is enjoying the new menu at the Café. There are more options and lots of good food. If you haven't been to the Café lately come see what all the buzz is about.

Please remember to give Healthy Partners a chance to serve your health needs. They are open Monday through Friday with a physician on duty. They will be celebrating National Health Center week starting on August 13, Tuesday through Friday with a guest speaker at 1 pm providing health information concerning obesity. Stop by and hear what they have to say. We also have our Wellness Nurse Peggy Kenner here on Mondays and Thursdays. Please attend the Silver Sneakers exercise class or stop by her office to discuss issues. We now have partnered with Home Instead to offer other choices to residents. Please read the enclosed letter to residents explaining what could be available from Home Instead and give them a call to see if you qualify for any of the programs that they can help you with.

Have a wonderful August, stay well and happy.

Sincerely,
 Linda O'Guin
 Executive Director



Thunder Bayou Golf Course is ranked # 3 in the state of Arkansas and is offering a 25% discount on all memberships to Westminster Village residents. Call Tony, Van or Ron for more information. 532-2621.

Healthy Partners
 East Arkansas Family Health Center
 4102 Memorial Drive
 532-6001



Dr. Valencia Andrews- Pirtle is the physician on staff at Healthy Partners. Our office hours are 8-5 Monday - Friday.

The Advisory Committee : Jerry Bennett, Dave and Brenda Boynton, Loretta Heard, Chuck Skelton, Jennye Crihfield, Beverly Storey, John Nelson

Westminster Village Directors

- | | |
|-------------------------|---------------------------------|
| Linda O'Guin | Executive Director |
| Cindy Williamson | Administrative Director |
| Leslie Acred | Marketing Director |
| Kendall Berry | Resident Services Director |
| Theresa Swann | Accounting Director |
| Peggy Kenner | Wellness Nurse |
| Sharon Jackson | Dining Director |
| Van Richardson | Environmental Services Director |

2013 Board Members

Cecil Brown, State Senator David Burnett, David King, Judge Steve McGuire, Helen Milam, Bill Nelson, Roger Oldham, Bob Ramey, Dick Reams, Janet Robertson, Hayes T. Sullivan, Bruce Young, Pastor Mike Wey

Board of Directors

- | | |
|-----------------------------|----------------------|
| President | Hayes T. Sullivan |
| Vice President | Bob Ramey |
| Secretary /Treasurer | Roger Oldham |
| Finance Chairman | David King |
| Management Company | CRSA / LCS - Memphis |

Westminster Village is a 501(c)3 non-profit corporation

New Resident Orientation
 We would like to invite our new residents to come to our Westminster Village Orientation on Monday, August 19th at 4 p.m. in the Ramey Center.

Remember, you can always find the most current Village Voice in full color online at: <http://www.wmv.org/newsletters>

FUN AT THE FAIR

Mississippi County Fair
Fairgrounds - Walker Park
Blytheville, Arkansas
Tuesday, August 20th
through Saturday, August 24th
 Think about entering an exhibit like art, crafts, canning, flowers, quilting, antiques and much more.
 For more information call the Extension Office 762-2075
Let's go the Fair Thursday, August 22nd at 6 p.m.
Sign up with the front desk.
 No Trip Charge
 Deadline to sign up Monday, August 19th




First Presbyterian Church
8th Annual Dog Show
Saturday, September 21st
10:00 AM
 Call 763-3126 for more information.

Memphis Redbirds Baseball Game



Lets go to the ballgame. Friday, August 16th, we will leave WMV at 4:30 PM The game starts at 7 PM. The cost of \$19.00 per person does not include meals. The Redbirds will be playing the Omaha Royals.
\$19.00 for game and trip when you sign up with front desk ASAP. Deadline August 13th

Water Aerobics




Continues until August 15th
 Amanda Adams will be leading the Westminster Village residents in a couple more water aerobic exercise classes in August on Tuesdays at 10 AM and Thursdays at 2 PM so get your swimsuit and head to the pool for some great exercise the water is great.



WOW

Women of Westminster Village Are going to meet Tuesday, August 13th at 2 PM in the Ramey Center. Guest speaker will be Mrs. Tonya Jones from the Department of Human Services will talk about DHS and helping children in Mississippi County.

Southland Greyhound Park



Tuesday, August 20th 9 AM
\$5 trip fee
Sign up with the front desk.
Deadline Thursday, August 13th

Watch for the Big Blue  The  lets you know a residents made the suggestion for a trip or activity.

Healthy Partners
 4102 Memorial Drive

Healthy Partners will be celebrating National Health Center week starting August 12th. Tuesday through Friday at 1 p.m. there will be a guest speaker to help provide healthy information concerning obesity. Healthy Partners is part of East Arkansas Family Health Center located in West Memphis.
 Call 532-6001 for more details.

In the Craft Hut

Quilt Club is coming back in September.

Pottery is coming in September.

Library News

The residents of Westminster Village would like to thank Grant Hill the owner of That Bookstore in Blytheville for the many paperback books he donated to the library. You do not have to check

them out like our other books. Just remember to bring them back when you are done.

Prospects, Clyde & Jan Short and their son Jeff, drove here from their home in Moultrie, Georgia to tour some of our homes and get to know our community. They shared their gift of writing with us by donating the books they have each written to our Westminster Library – Clyde, a retired Master Sergeant in the Air Force, wrote Bleeding Blue and Dawning at Sundown, Jan's book of poetry of faith & hope, Tapestry of Love and Jeff brought us copies of each of his books, Embracing HOPE – A Christ Centered Approach to Suffering and Loss and a children's book, A Kid's World, which he wrote and illustrated.

Have a good day with a good book.

Your library volunteers: Mason & Betty, Ruth, Debra, Doris and Eileen.

The National Active Aging week is set for September 23rd. We hope to see you at the **WMV Variety Show Follies Monday, September 23rd** please sign up

with the front desk if you would like to show off your talents. Come to the activity meeting in August to help make plans for trips and fun.

Faith In Action

Faith in Action offers the following services: Light Housekeeping - Respite Care - Local Transportation - Letter Writing - Telephone Reassurance. If you need a ride you must have an application on file and give 24-hour notice. Please call 532-1501 for more information.

Wii Games

The bowling and golf Wii games will be starting up September 15th. There will be a sign up sheet on the bulletin board at the Ramey Center the first of September.

Contact Mr. Jim 532-5627 for more information.



Book Club

Will be back in September



Active Aging Week 2013 will start Monday, September 23rd.

WMV Senior Fair Days

We will have our Monday Night Out and a Variety Show on the 23rd.

On Tuesday, the 24th we are planning to have The Westminster Village Cornbread Festival along with a Senior Crafts Exhibit of crafts, canning, art, and anything a senior has created.

If you would like to enter the Cornbread Contest please pre-register at the front desk. 2 Categories of cornbread will be judged

Traditional and Nontraditional
Please bake your cornbread in
Large Skillet or Pone Muffin Pan Large Pan

More details about the Cornbread Festival and Senior Crafts Fair will be available soon.

On Thursday, September 26th we will have our 3rd Annual WMV Senior Health Fair / Expo

Bible Study will be back the second week in September.

Move In Anniversaries

Virginia Reid = 5 years

Jim & Carol Vincent = 4 years

Barney & Ruth Nawyn = 2 years

Coy & Jennye Crihfield = 1 year

New Residents

Karin Swanson

HAPPY BIRTHDAY

AUGUST

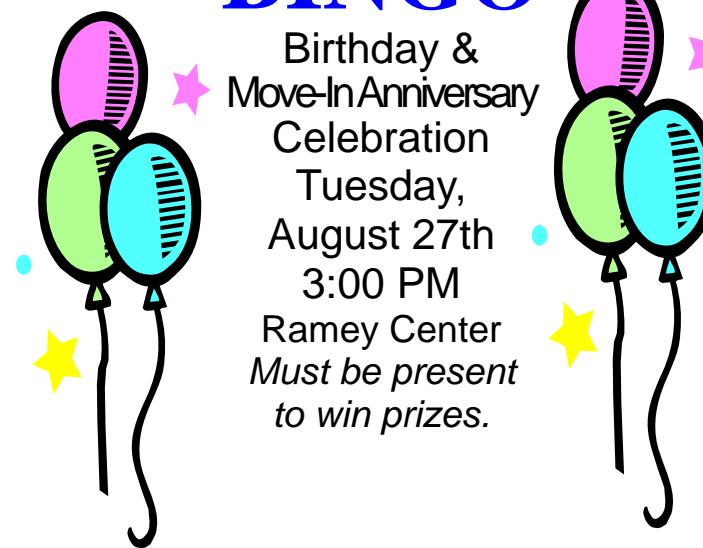
- 3rd John Thompson
- 4th John Nelson
- 4th Ruth Nawyn
- 7th Henry Napier
- 10th Ron Maple
- 12th Jerry Richey
- 12th Dave Sabin
- 13th Danny McMillin
- 13th Patsy Morrison
- 14th Rachel Harold
- 17th Lavenia Jordan
- 19th Janet Henry
- 20th Rhonda Johnson
- 26th Joel Brown
- 30th Mary Northcutt

Employees

- 10th Patrick Thompson
- 12th Vicki Hannon

BINGO

Birthday & Move-In Anniversary Celebration
Tuesday, August 27th
3:00 PM
Ramey Center
Must be present to win prizes.



This month we will have an Ice Cream and Float Social sponsored by **Carney Funeral Home**

Tuesday, August 6th 6 PM at the Ramey Center. Come by and cool off.



5215 Southside Drive
Blytheville, AR 72315
(870) 532-4100

Don't forget about the 11/12 program earn more interest than you can get from the bank! Call the accounting office for more information about this program.

Sun

Village Café
11:30 AM - 2 PM

Mon

Village Café
11 AM - 1:30 PM

Tue

Village Café
11 AM - 1:30 PM

Wed

Village Café
11 AM - 1:30 PM

Thu

Village Café
11 AM - 1:30 PM

Fri

Village Café
11 AM - 1:30 PM

Sat

Village Café
8 AM - 10:30 AM

August 2013

1

9 AM Exercise Gym
10 AM Coffee RC
Mississippi County
Fair - Ann Judd

Wellness Clinic 10 AM - 1:30PM
2 PM Water Aerobics - Pool
4 PM - Billiards For All - RC

2

1 PM Bridge RC
4:45 PM
Pocahontas Dinner Theater
5:30 PM Line Dancing RC
6 PM Mexican Train Dominoes

3

4

5

9 AM Exercise Class RC
Wellness Clinic 10 AM - 1:30 PM



6

10 AM Water Aerobics - Pool

1 PM Bridge RC
4 PM - Billiards Every Tuesday

6 PM ICE CREAM SOCIAL
RC pg 3

7

8

9 AM Exercise Gym
10 AM Coffee RC
William King -Entertaining
followed by
Activity Meeting

Wellness Clinic 10 AM - 1:30PM
2 PM Water Aerobics - Pool
4 PM - Billiards For All - RC

9

1 PM Bridge RC
5:30 PM Line Dancing RC
6 PM Mexican Train Dominoes RC

10

8 a.m. Tommy Mac
Breakfast Club
Village Cafe

Dirty Bingo 2 PM - RC

11

12

9 AM Exercise Class RC
Wellness Clinic 10AM - 1:30 PM
1:30 PM Alzheimer's Support
Group RC

13

10 AM Water Aerobics - Pool
1 PM Bridge RC
2 PM WOW Meeting CH pg 7
4 PM - Billiards Every Tuesday

14

No Book Club Meeting

15

9 AM Exercise Gym
10 AM Coffee RC
Bill Nelson -
Quorum Court Rep.

Wellness Clinic 10 AM - 1:30PM
2 PM Water Aerobics - Pool
4 PM - Billiards For All - RC

16



We will leave at 4:30
Redbirds Game starts at 7 p.m. Pg 7

1 PM Bridge RC
5:30 PM Line Dancing RC
6 PM Mexican Train Dominoes RC

17

8 a.m. Tommy Mac
Breakfast Club
Village Cafe

18

19

9 AM Exercise Class RC
Wellness Clinic 10 AM - 1:30 PM
4 PM New Resident
Orientation RC

20

9 AM Southland
Park pg 7

1 PM Bridge RC
4 PM - Billiards
Mississippi County Fair
20th - 24th
Every Tuesday

21

22

9 AM Exercise Gym
10 AM Coffee RC

Wellness Clinic 10 AM - 1:30PM
4 PM - Billiards For All - RC

6 PM Mississippi County Fair pg 7

23

1 PM Bridge RC
5:30 PM Line Dancing RC
6 PM Mexican Train Dominoes RC

24

8 a.m. Tommy Mac
Breakfast Club
Village Cafe

Dirty Bingo 2 PM - RC

25

26

9 AM Exercise Class RC
Wellness Clinic 10 AM - 1:30 PM

27

1 PM Bridge RC
3 PM Birthday Move-In
Party

4 PM - Billiards Every Tuesday



28

3 PM Linda's Corner

29

9 AM Exercise Gym
10 AM Coffee RC
Home Instead
Sarah Akin

Wellness Clinic 10 AM - 1:30PM
4 PM - Billiards For All - RC

30

1 PM Bridge RC
5:30 PM Line Dancing RC
6 PM Mexican Train Dominoes RC

31

8 a.m. Tommy Mac
Breakfast Club
Village Cafe