

# THE VILLAGE VOICE

## NEA Queens



## Hampton Archeological Museum State Park



## Bingo!



# THE VILLAGE VOICE



## Happy Fourth of July - Celebrate!

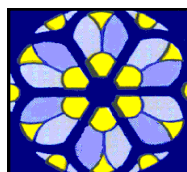
I have always believed in shopping local. My grandfather and my Dad owned a business, so it comes natural to want to support local businesses. I have another one here that I can't wait to tell you about, you've probably already been there but just in case you have not, it's the Southern Café! The breakfast is to die for and I spoke with the owner and he said that if we all wanted to do brunch out there one day, to just call and let him know and they would extend lunch to us longer that day. He also gave me some really good coupons so if you want to go come get a coupon from the office! ;)

It's time to whip out the red white and blue and celebrate our independence! So get ready for our 4<sup>th</sup> of July celebration on July 6<sup>th</sup>. I'm sure that Kendall will be pulling all the stops as usual! I Can't wait to celebrate with you all. The last time I saw anyone was during the open house! I thought that was very successful! Cindy, Leslie and Ally Sheppard worked so hard on it! They did it all from top to bottom. A big thank you to our Nurses Ally Swanson and Peggy Kenner for setting up at the Ramey and provide vital checks for everyone and answer any questions they may have had. So proud of our nurses. Remember that is you need a nurse to visit you occasionally, just call the office and we will get the message to her.

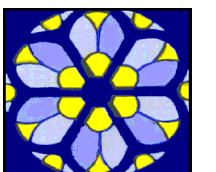
If you need rules to the pool, call the office and we will be more than happy to print off some for you. If you see someone in the pool that is not supposed to be, please let us know. also, if you see anything broken or damaged in any common area, please let us know. It may not have been broken the last time we'd seen it or used it. If you have my number, call me if not call security 623-4119.

It's time to plan another girls day ladies!  
I'm taking suggestions!  
Happy 4<sup>th</sup> Westminster Village!

Sincerely,  
Tammy Swanson  
Executive Director



**Our Mission Statement**  
Westminster Village is committed to providing an environment that encourages and enables our residents to enjoy life to the maximum of their capabilities in a relaxed atmosphere of security, comfort and dignity.







## Lets plan to go to a Redbirds Game Sunday, July 24th Game starts at 2 Ice Cream Sunday

Leave at 12:45  
Sign Up! Tickets \$20

### Mae's Grill 12 noon Tuesday, July 12th Menu

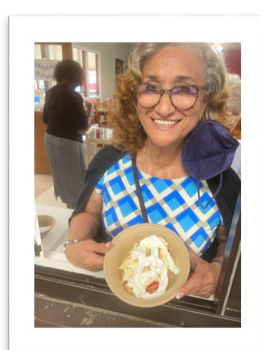
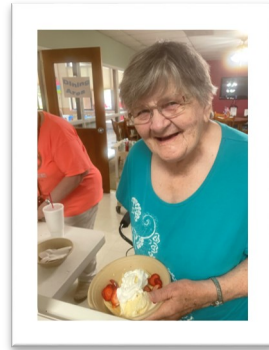
Pork Chops, Mac n Cheese,  
Creamed Potatoes, Cabbage,  
Brown Beans, and Fried Okra  
One Pork Chop with 1 - Side \$8  
2 - Sides \$10.50  
3 - Sides \$12.75  
4 - Sides \$14  
Extra Pork Chop \$5.00  
Sign Up!

To Go Order Sheets are at the Office.  
**CASH ONLY!**



## Dyersburg Lunch & Movie 10 AM Wednesday, July 20th Grecian Sign up with the front desk.

Where The Crawdads Sing  
We see what else will be showing.

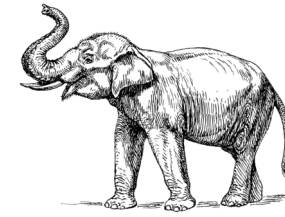


Lets plan a 2 night September trip to St Louis, Missouri. We could go the Zoo, go to the Arch, go smell the beer at Anheuser-Busch Brewery, go to Cahokia Mounds at Collinsville, Illinois the site of a pre-Columbian Native American city situated directly across the Mississippi River from modern St. Louis, Missouri, The Basilica of Saint Louis, King of France, formerly the Cathedral of Saint Louis, and colloquially the Old Cathedral, was the first cathedral west of the Mississippi River and until 1845 the only parish church in the city of St. Louis, Missouri. We could also see what's playing at the Dinner Theatres. There are so many things we could do on this trip that everyone would enjoy. Especially eating and sightseeing.

Sign up if you are interested in helping plan this trip in September. We will strive to have an economical budget.  
This is an idea. Lets plan this trip.  
Sign Up to make plans.

We need more to sign up for this trip.

## The White Elephant



We would like to invite you all current and all new residents to visit us at the White Elephant. We are open to the public as well, so be sure to the your family and friends. We have a Facebook page where we post our special, hours and sometimes feature items for sale. Our page is the W with a circle around it. We would love to have you like and follow us. You can like and follow us through messenger also. We have received several donations and are always looking for donations. The money we earn goes towards the residents fund as well as partnering with the Haven when needed.

Summer hours:  
Friday & Saturday 10 to 3

## July 4th Fireworks at the Blytheville Sports Plex at dusk.



Provided by the Blytheville Chamber of Commerce

## Neighborhood Watch

Well Summer is upon us, and we know that there is more activity out here than normal.  
I just wanted to give a few safety tips for everyone.

1. Please keep your front porch , back porch and your carport light on, it allows you to see that there is no one hiding .
2. Make sure that your car or truck doors are locked, and don't leave any valuables in your car.
3. If you see cars or people that don't belong in the village, call Security 870-623-4119.
4. Please remember we have children on this side now, and it is very important that we make sure we keep our eyes out for them when we are driving.
5. Please make sure that you are coming to a complete stop at the stop signs, they are there for you and your fellow villagers ,so there won't be accidents.

Please know that Neighborhood Watch is still here and I and the Westminster Staff are watching.

## Planning for September



This early 1930s Tudor-style residence was the home of Karl and Matilda Pfeiffer, son and daughter-in-law of Paul and Mary Pfeiffer. Matilda, who once had a dream of designing Hollywood sets, designed and supervised the construction of this house, as well as creating the 11 acres of grounds and natural gardens. An avid mineral collector, she amassed more than 1,400 specimens from around the world, along with a library of more than 1,600 books and a collection of Native American artifacts. Her extensive collections are on display for visitors. Karl's brother-in-law and sister, Ernest Hemingway and Pauline Pfeiffer Hemingway, were frequent guests in Matilda's and Karl's home when visiting Pauline's parents at their home next door. Scenes from "A Face in the Crowd," the 1956 movie starring Andy Griffith and Patricia Neal, were filmed on site, and still photographs from the movie also are on display.





Tuesday, July 26th at 6:00 pm  
Everyone come to the Ramey Center and cool off  
and enjoy some good ole fellowship and Ice Cream!

Sponsored by: Cobb Funeral Home

## WOW NEWS

**Wow Meeting**  
**10AM Saturday,**  
**September 17th**  
**in the Ramey Center.**  
**We will have a breakfast**  
**meeting.**



**Book Club**  
**The Westminster Village Book**  
**Club meets at 2 PM Wednesday July**  
**13th in the Village**  
**Library**

The book to be discussed will  
be:  
**Night Women**  
**By Sara Blaedel**  
All are welcome to attend.



**Morning Exercise with Peggy**  
Mondays and Thursdays  
9 a.m. in the Ramey Center Gym. Bring a  
bottle of water for hydration.



**Water Aerobics with Peggy on**  
**Mondays & Thursdays at 11:30**  
**AM in at the Walker Park**  
**swimming pool.**

## LIBRARY

**It is hot outside come to**  
**the library and enjoy one**  
**of our cool books.**



**Library volunteers:** Doris Marks, Loretta Heard,  
Eileen Thurman, Beverly Trusky, Donna Clayton,  
Emma Burns and Nancy Frame



**Fridays & Saturdays 9:30 - 5**  
**3711 Idaho Street, Blytheville, AR**

BAFB Exhibition in looking for volunteers to  
be docents for the BAFB Exhibition and help  
run the e gift shop in the morning or afternoon  
at least once a week.

Call Joseph Alley Exhibition Manager  
National Cold War Museum 870-838-8100

**Remember, you can always find the most**  
**current Village Voice in full color online at:**  
**<http://www.wmv.org/services.htm>**

## Happy Birthday

### JULY

1st Al Tate  
4th Curtis Belford  
4th Sheryl Tomlinson  
8th Gloria Jean Williams  
10th Wolfgang Porter  
11th Johnnie Mizer  
13th Cordell Bedford  
13th Katie Davenport  
13th Helen Walker  
23rd Todd Barnard  
26th Fontella Falls  
28th Pearl Valentine  
30th Gary Walker  
31st Bonita Lester  
31st Leroy Tate



**Birthday &**  
**Move-In Anniversary**  
**BINGO**  
**Thursday**  
**July 19th**  
**At 3:00 pm**  
**Ramey Center**



## Move In Anniversaries

Beverly Storey	20 years
Diane Somers	19 years
Doris Marks	18 years
Johnnie Mizer	11 years
Karin Swanson	9 years
Dorothy Keane	4 years
Harold Sudbury	4 years
Arthur & Pearl Arnold	3 years
Rick Seitz	3 years
Michael Bedford	2 years
Peggy Brown & Jason Brown	2 years
Tony & Shirley Coleman	2 years
Retha Turner	1 year



**Tuesday Night Social**  
**5 PM August 2nd**  
**Ramey Center**

**Pizza Pizza**

**Cheese, Pepperoni, Veggie and**  
**Sausage**

**Please Sign up with the front desk**  
**I need to know how much**  
**Pizza to get.**

**Administrative News**  
**Stay Tuned**

We have had a wild few months. It started with the amazing race Westminster Village style. All Westminster Village employees participated. Employees dressed from different countries. Then, we hosted the senior Olympics, again Westminster Village style. And, then, we hosted the drop in for the Craft Hut/Woodshop, Library, White Elephant, Ramey Center/Wellness Nurses. I personally declare each event a success. I can make declarations since I was the Queen at the amazing race. We would love to have some feedback from our residents. Do you want to do the amazing race again? If so, how often? The senior Olympics is spring and fall. We plan to do the drop in on a regular basis. Our longstanding residents came out and showed our new residents what Westminster Village has to offer. We seem to have had an awakening since the shut downs have been lifted. We are ready to socialize, to get out and live and stop being afraid of what’s around the corner. Your staff is working hard to keep things interesting for you. We want to see you out and about and participating again. Kendall tries to keep a full calendar just for you. Our receptionist Alley is ready to sign you up for trips and events when you call the office. Stay tuned residents.

Cindy Williamson  
Administrative Director



**Accounting News**

The accounting office is running smoothly. Everyone make sure to keep cool this summer and check on your neighbors and friends, have a glass of fresh squeezed lemonade or sweet tea. Remember that we offer direct deposit for your rent. Sign up at the office, just bring in a voided check and we will give you a form to fill out and it will be worry free for you from then on. It’s just that easy.

Also don’t forget we offer the 11/12 Program to our Westminster Village residents. Prepay your rent for 11 months and the 12th month is FREE. This is a great deal and I enclose this flyer with your statements each month which explains the savings. Please do not hesitate to call me if you have a question or concern, if I can’t answer or help you I will definitely get someone who can. I am always glad to hear from you. This is the only time I get to hear from some of you unless I happen to see you at one of our Thursday coffees, our Monthly Advisory Meetings or any one of our many other events. Please know that each and every one of you are important to us here in the office.

Angela Hollins  
Accounting Director

**Environmental Services News**

Summer is here! Which means our air conditioners are running. Our desire is to keep you as comfortable as we can while trying to conserve electricity. Please keep in mind that our cooling systems can only be expected to reduce your indoor temperature approximately 20 degrees below the outside temperature. We will make every effort to keep the units clean and well-functioning as well as keeping the filters changed quarterly. Our landscape crew is also having a busy season. Should you have any landscaping concerns, please contact the office. As always feel free to contact the office or help line to address any maintenance concerns.

Butch Sanders  
Environmental Services Director



**Marketing News**  
**ENCOURAGE**

I won’t ever forget the couple that dropped off homemade loaves of banana bread when my Dad was at home with hospice care...the young man that mowed my yard the entire summer after my brother was killed in a traffic accident...the anonymous person that wrote prayers and left them in a card on my car while I was caring for my Mom after her stroke. I have one note that I still keep in my purse that says | “I pray that angels fluff your pillows as you sleep long & relax. Please quiet her mind and let her fears melt away the second she closes her eyes”...the co-worker that used her gift of sewing and made me scarves to wear when I was going thru chemo. I definitely won’t forget the ones who listen to me vent my way thru multiple anxiety storms as I experienced some of these events.

People use the cliché in response to a difficult situation – “call me if you need anything”. Then there are those people that show up and stay. They look for a need and meet it in a quiet, behind the scenes kind of way.

It seems that these days are filled with a “rough season” for so many. I’m coming in contact with an awful lot of people who are at their absolute breaking point...friends, family, co-workers, strangers in the grocery store, retail workers at their saddest, most stressful, loneliest, most heartbreaking time of their life - a friend who is waiting on the results of her PET scan to see if the chemo and radiation treatments are reducing her tumors... the lady who is sitting at her kitchen table and sorting thru bills as she agonizes over how to pay everything since her husband passed away...the couple that spent Father’s Day at the funeral home to pick out a casket for their toddler who had been sick.

Look for ways to help someone along on this journey of chaos with simple things. Encourage someone who is tired, scared and needs a kind word. It won’t be forgotten.

Leslie Acred,  
Marketing Director





**JULY CELEBRATION****246 YEARS OF INDEPENDENCE****1 PM ON WEDNESDAY, JULY 6TH****IN THE RAMEY CENTER****BBQ RIBS AND CHOPPED BBQ****SANDWICHES - WITH SLAW - BAKED BEANS****- CHIPS - CAKE*****YOU WILL BE GIVEN A TICKET FOR THE NOON******COOKOUT WHEN YOU ARRIVE!******TICKETS ONLY FOR THOSE THAT SIGNED UP!******PROVIDED BY RESIDENT FUNDS  
& RESIDENT SERVICES***

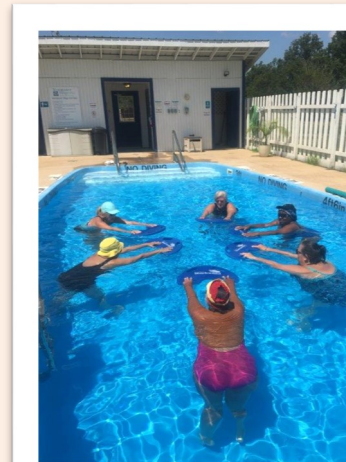
**Sign up to go to the  
Redbirds Game  
Sunday, July 24th  
Game starts at 2  
Ice Cream Sunday**

**Leave at 12:45****Tickets \$20****Sign Up!****Benefits of Water Aerobics**

1. Increases Strength helping prevent muscle loss.
  2. Improves Heart health, improving circulation and can lower blood pressure.
  3. Reduces risk for osteoporosis by enhancing bone density.
  4. Improves flexibility including neck, back, leg and arm. Increased range of motion results in looser joints which helps prevent injuries.
  5. Improves mental health. Swimming can decrease stress levels and increase the production of endorphins resulting in increased happiness.
  6. Reduces the risk of falls. Balance and coordination are improved resulting in decreased falls.
- Come swim with us at the pool every Monday and Thursday at 11:30. We have lots of fun and laughter while improving our health.**

**Hope to see you  
at the pool!!**

**Yours in Wellness,  
Peggy Kenner**



**Thunder Bayou Golf Course**  
is ranked # 4 in the state of Arkansas  
Call for more information. 532-2621.

**The Advisory Committee :** Loretta Heard,  
Mary Dyer, Annie Campbell, Gary Walker, Beverly  
Trusky, Mel Wagner, Gary and Patty Guttridge.

**Westminster Village Directors**

<b>Tammy Swanson</b>	Executive Director
<b>Cindy Williamson</b>	Administrative
<b>Leslie Acred</b>	Marketing
<b>Kendall Berry</b>	Resident Services
<b>Butch Sanders</b>	Environmental Services
<b>Angela Hollins</b>	Accounting
<b>Peggy Kenner</b>	Wellness Nurse

**Board Members**

Beth Fitzgerald, Tom Henry,  
David King, Roger Oldham,  
Janet Robertson, Bill Sullivan,  
Pastor Mike Wey, Glen Whitener

**Board of Directors**

<b>President</b>	Pastor Mike Wey
<b>Vice President</b>	Janet Robertson
<b>Secretary/Treasurer</b>	Roger Oldham

**Westminster Village is a 501(c)3  
non-profit corporation**

**Faith In Action**

**Faith in Action offers the following services:**  
Light Housekeeping - Respite Care - Local Transportation  
- Letter Writing - Telephone Reassurance.

**If you need a ride you must have an application on  
file and give 24-hour notice. Please call 532-1501 for  
more information.**

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# July 2022 Village Voice

**Sun**

**Mon**

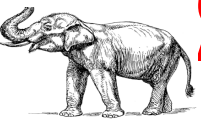
**Tue**

**Wed**

**Thu**

**Fri**




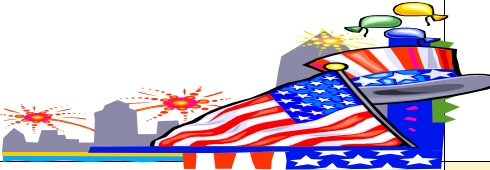







White  
Elephant



**Sat**

10 to 3

10 to 3

<b>26</b> CH = Craft Hut RC = Ramey Center VP = Village Pool VO = Village Office VL = Village Library	<b>27</b> 9 AM Exercise Class RC <b>Wellness Clinic 10- 11:15 VO</b> 11:30 -12:30 Water Aerobics VP  5:30 Tops	<b>28</b>   	<b>29</b>  11 AM El Acapulco Sign Up!	<b>30</b> 9 AM Exercise Class RC <b>10 AM Coffee Bingo</b>  <b>Wellness Clinic 10- 11:15 VO</b> 11:30 -12:30 Water Aerobics VP 2 PM Crafty Ones CH 	<b>1</b>  The National Lightning Safety Institute recommends the following swimming pool safety slogan: <b>"If you can see it, flee it; if you can hear it, clear it."</b> Pool activities should remain suspended until thirty minutes after the last thunder is heard.	<b>2</b>
<b>3</b>	<b>4</b> <b>July 4th</b>  	<b>5</b>  	<b>6</b> <b>1 PM IN THE RAMEY CENTER</b> <b>BBQ RIBS AND CHOPPED</b> <b>BBQ SANDWICHES, WITH</b> <b>SLAW, BAKED BEANS &amp; CHIPS</b>	<b>7</b> 9 AM Exercise Class RC <b>10 AM Coffee</b> Bring Something Funny or Fun  <b>Wellness Clinic 10- 11:15 VO</b> 11:30 -12:30 Water Aerobics VP	<b>8</b>	<b>9</b>
<b>10</b>	<b>11</b> 9 AM Exercise Class RC <b>Wellness Clinic 10- 11:15 VO</b> 11:30 -12:30 Water Aerobics VP  5:30 Tops	<b>12</b> 12 noon <b>Mae's Pork Chop Day</b> Sign Up! Pg 2  <b>2 PM Advisory Meeting RC</b>	<b>13</b>  2 PM Book Club VL pg 10	<b>14</b> 9 AM Exercise Class RC <b>10 AM Coffee</b> Bring Show & Tell  <b>Wellness Clinic 10- 11:15 VO</b> 11:30 -12:30 Water Aerobics VP 2 PM Crafty Ones CH 	<b>15</b>  11:30 Katfish Kastle Sign Up!	<b>16</b>
<b>17</b>	<b>18</b> 9 AM Exercise Class RC <b>Wellness Clinic 10- 11:15 VO</b> 11:30 -12:30 Water Aerobics VP  5:30 Tops	<b>19</b>  <b>3:00 Birthday Move In</b> <b>BINGO Party - RC pg 3</b> 	<b>20</b>  10 AM Dyersburg Grecian & Movie Sign Up! Pg 2	<b>21</b> 9 AM Exercise Class RC <b>10 AM Coffee</b> Activity Meeting  <b>Wellness Clinic 10- 11:15 VO</b> 11:30 -12:30 Water Aerobics VP	<b>22</b>	<b>23</b>
<b>24</b>  Leave at 12:45 Ticket \$20 Sign Up! Pg 2	<b>25</b> 9 AM Exercise Class RC <b>Wellness Clinic 10- 11:15 VO</b> 11:30 -12:30 Water Aerobics VP  5:30 Tops	<b>26</b>  6 PM Sponsored by: Cobb Funeral Home RC	<b>27</b>  11 AM Ladies Day Sign Up!	<b>28</b> 9 AM Exercise Class RC <b>10 AM Coffee</b> <b>Social Coffee</b>  <b>Wellness Clinic 10- 11:15 VO</b> 11:30 -12:30 Water Aerobics VP 2 PM Crafty Ones CH 	<b>29</b>	<b>30</b>
<b>31</b>	<b>1 AUGUST</b> 9 AM Exercise Class RC <b>Wellness Clinic 10- 11:15 VO</b> 11:30 -12:30 Water Aerobics VP  5:30 Tops	<b>2</b> <b>5 PM</b> <b>RC</b> <b>Sign Up! Pg 3</b> 	<b>3</b>	<b>4</b> 9 AM Exercise Class RC <b>10 AM Coffee</b>  <b>Wellness Clinic 10- 11:15 VO</b> 11:30 -12:30 Water Aerobics VP	<b>5</b>  11 AM Hog Pen Osceola Sign Up!	<b>6</b>