January 2021





Happy Happy New Year! 2021 is here and I really hope that we can make this a way better year than 2020. That is most certainly the year that we will never forget. Let's all start on the right foot! Did you make resolutions? I have in the past, but would only disappoint myself and break them, so I stopped. I have zero will power as most of you have learned about me when it comes to brownies. J Any food really. I am a glutton and I must do better. Positivity must be the word for 2021.

This Christmas felt different this year. To me it was way less about the gifts and more about just being together. Hearing each other, seeing each other, loving each other. It was important to put the phones down and BE together. My daughter is an ICU/Med-surg nurse at Great River. She has been a lot closer to the pandemic than she ever wanted to be. When she is finished with her 12 + hour shift, she comes home to her infant and her fiancé. She comes home to her MOM DAD and brother. She worries that she'll bring it home. I worry that she will bring it home. She takes a lot of precautionary measures to make sure she hasn't' touched the doorknob etc. I do what I can to help so that she does not have to worry about all the home stuff. I tell her the housework will always be there. Your baby won't be. Go be with your baby. Like me at her age she doesn't always listen. I want her to focus on getting good quality time with her daughter. Kirsten is the pot of gold at the end of that daily rainbow of hard work and misery that she has to endure and witness. I watch her with Kirsten. I see all the worry leave her face as soon as she looks at her. They then go on about their routine, bath, lotion, jammies, talk, sing, rock, bottle then cuddles. I love to watch them as a family. It warms my heart and makes me smile. As diligent as my daughter was, we still got COVID19. We DO NOT believe that she brought it home. We believe that my husband may have brought it home from one of two different jobs that he worked on a few weeks ago. During my quarantine, I lost a friend of 30 years to COVID. To say that I am sad about it is an understatement. I will always have the fondest memories of Mike. RIP buddy. Till we meet again.

Everyone please stay safe and remember to call the office and let us know if you have covid or have had symptoms. Also, keep the office posted with your visitors, where they are from and how long they stayed.

Stay safe and BE WELL **Tammy Swanson, Executive Director**

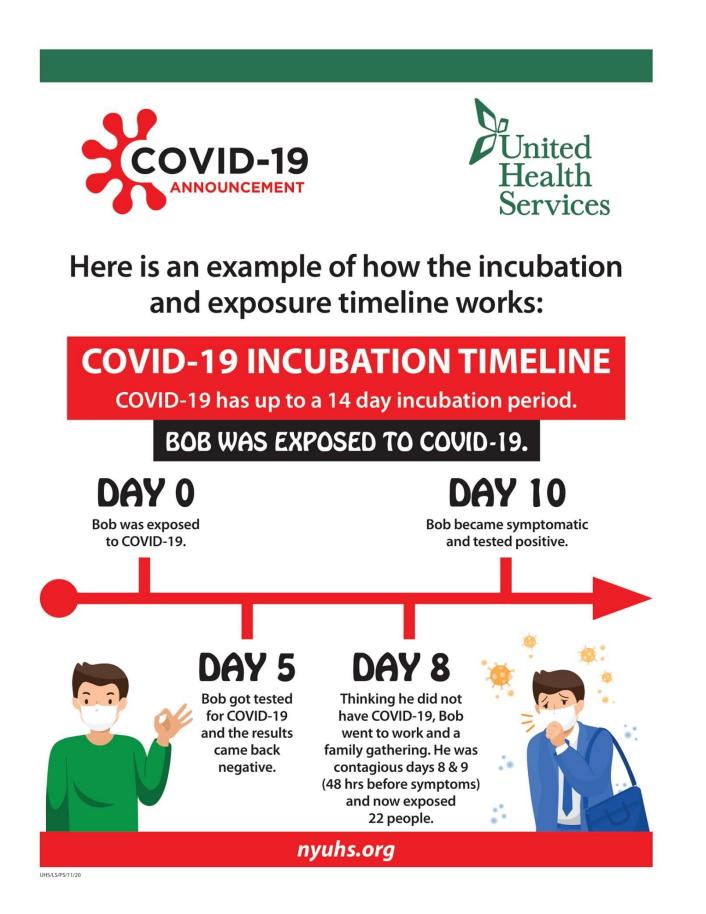




Tammy







Don't forget about the 11/12 program. Earn more interest than you can get from the bank! Call the accounting office for more information about this program.

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WOW Christmas Cheer

The ladies of wow made 9 bed jackets and distributed them to former residents in the 3 different nursing homes. Thanks to Loretta Heard, Sandra Harris, Vera Walker, Susan Person , Donna Clayton for all their help. Also since I was Quarantined. Tammy Swanson took the food donations that were collected at the Ramey Center to the food pantry in Blytheville.



Page 11



Will not bee meeting still due to the COVID spread.

We hope you all are staying safe and well.

Read a book to take your mind on a new journey. The Library is open on Wednesday and Friday 1 to 3.

Wear your mask and keep a 6 foot distancing for safety.

Library News Library hours 1 to 3 Wednesdays & Fridays

The library volunteers wish you a very "HAPPY & SAFE 2021".

Happy New Year!

From the library volunteers: Thank you from your library volunteers: Doris Marks, Loretta Heard, Eileen Thurman, Donna Clayton, Nancy Frame, Emma Burns, and Beverly Trusky.



HAPPY NEW YEAR!!

CRAFTY ONES

With the recent pandemic Crafty Ones had to solo craft at home for a while. We were able to start back up in the summer with a renewed crafting energy, with covid guidelines in place of course. Our goal when we started the Crafty Ones years ago was for the residents to use the craft hut often, not just for this group activity. We have been successful. The use of the craft hut has increased enormously. The craft hut is an amenity for all residents of Westminster Village retirement community.

The Crafty Ones have been busy. The craft hut was rearranged to better accommodate the interests of the residents. We've done lots of paintings so we have a gallery room now. All the residents who told me in the beginning that they were not artistic proved themselves wrong. Something clicked with Vera Walker and she's turning out master pieces. Sandra Harris showed us crocheting and Donna Clayton proved to be a natural with it. Susan Person gave a class on how to draw a portrait. Ours were spot on. We have a dedicated sewing room and we've improved the organization of the pottery room. Merrill Frame is our resident pottery maker. He has created enough to keep everyone happily glazing throughout the year. Mary Rixse has become a professional wooden yard sign designer. She's been in extremely high demand this Christmas. We recycled mailboxes from some of the houses and are selling them. Proceeds go to the roof fund. Going into the New Year, Lauri Bass will teach several classes on mosaics. We have several really big projects in the works.

I say this at every meeting, I am not a teacher. I only know what I know. Painting is my thing. It has been so much fun passing on tips and tricks for painting. I love it when that one brush stroke transforms the canvas and "bam" there it is, the exact picture you are trying to portray looking back at you. I love the looks on my crafty ones faces when their project comes together for them, the excitement and energy that comes from successfully creating something beautiful whether it is a painting or another craft.

We look forward to the new crafters and miss the old ones.

We meet two times a month to work on projects. I am proud to be a part of this special program that Westminster Village created for the residents but most importantly, I am proud of the bonds/friendships that have been created with my Crafty Ones friends. I am blessed having known you all. I look forward to many more creations and friendships in 2021.

Cindy Williamson, **Administrative Director**



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 - Nina Dunlap

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- 5th 5th **Edward Brownlee**
- 6th Alma Gahie
- 6th **Curtis Miller**
- 9th **Jovce Cissell**
- **10th Dot Keane**
- 15^{th} **Doug Forrester**
- 18th **Judy Rodgers**
- 23rd **Jocelyn Campbell**
- 25th **Cvnthia Elliott**
- 25th **Chris Young**
- 26th **Robert Boney**
- **26th George Watkins**
- 27th **Jewell Mathis**
- 29th **Debra** Thompson

BINGO January Birthday & Move-In Anniversary Celebration Tuesday, January 26th 3:00 PM in the Ramey Center Must be present to win prizes. Sign Up!

Faith In Action offers the following services: Light Housekeeping - Respite Care - Local Transportation - Letter Writing - Telephone Reassurance. If you need a ride you must have an application on file and give 24-hour notice. Please call 532-1501 for more information.

Page 3 Move In Anniversaries

16 years Jeanie Wilson Henry & Katie Davenport 4 years **Susan Person** 4 years **Pete & Kay Faulkenberry** 2 years John DeBose & Elma Wallace 1 year Mary Stark & Joyce Cissell 1 year



Larry & Gloria Jean Williams **Suzanne Halsell**

Let's have BBQ on Wednesday the 27th at 11:30 AM **Kream Kastle** Lunch to go in the Ramey Sign Up & Order! You must prepay CASH ONLY by Monday the 25th. Menus, Order Forms & envelopes will be on the table in the **Ramey Center.** Bring your order with cash payment to the office front door in an envelope with your name on itby the 25th.

Resident Services News

Happy New Year! 2020 is over!!!

The crazy COVID-19 is causing us to rethink activities and how we do things together. We have been being safe all of 2020 and now we continue in 2021. Interaction is important and uplifting to the spirit when we have to deal with being socially distant. We all must be thoughtful about our individual safety and the care of those around us. So I have planned activities accordingly. Lunches in the Ramey Center and a Git Out of Town ice cream run. You must sign up for all activities you plan to attend except Peggy's Exercises on Monday & Thursdays &10 AM Thursday Coffee. When ever it says Sign Up! Look over the calendar of activities and sign up. If you have not been to the BAFB Exhibition it is a nice get away to see the Base of the past. It is located near the Base Control Tower. Somewhere to go on your own just to get out. It is open Fridays and Saturdays 10 to 4.

God Bless You and Westminster Village in 2021. Kendall Berry, Resident Services Director



Loretta Heard - First Place

Christmas Door Contest

We had a very decorated Village for Christmas this year. We want to thank all those that decorated their doors. Loretta Heard received 1st place, Leona Tate received 2nd place, Diane Jones received 3rd place and Dot Keane got 4th for their Christmas door decorating.





ACROSS

- 5. Supersonic planes
- 8. Cambridge & Oxford universities
- 9. Treeless Arctic zone
- found in Europe
- 19. Croatian capital
- southwest England
- **Piccadilly Circus**
- Japan, China and

DOWN

- 1. Roughly built settlements, ... towns
- 2. Large African antelope
- 3. Nasty disease named after a river in the Democratic Republic of the Congo, ... virus
- 4. Underground train system
- 5. City of northwest India
- 6. People from Stockholm
- 10. Scotland's monster lake, Loch ...
- 11. German industrial region
- 12. Washington-based spy group (1,1,1)
- 13. Italy's Leaning Tower of ...
- 14. Kuwaiti ruler

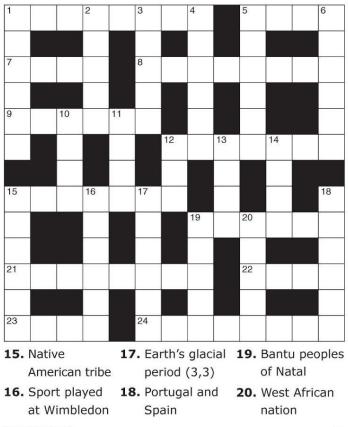
LOVATTS LARGE PRINT CROSSWORDS

- 1. US volcano, Mount ... (2,6)
- 7. Taj Mahal city

- 12. Coniferous tree
- 15. Vienna is there
- 21. Peninsula in
- 22. Manchurian river
- 23. Central attraction of
- 24. Region that includes Korea (4,4)

3711 Idaho Street, Blytheville, AR

Diane Jones - Third Place Dot Keane - Fourth Place



Marketing News

2020 is finally over. We were forced to isolate from friends, coworkers and loved ones. Businesses have struggled and many have closed as Covid-19 all but eliminated shopping and eating out. A rough 2020 has us looking ahead. As I count my blessings for 2020, please know I am most grateful for each one of you in our amazing family of "village people".

Welcome, 2021! It's a new year, a new month, a new chapter, a new page with new wishes. May every day in 2021 fill you with hope, love and health!

Leslie Acred. **Marketing Director**



Accounting News

I hope every one of you had a wonderful Christmas holiday, I know I sure did. Never hesitate to call me if you have a question or concern, if I can't answer or help you I will definitely get someone who can. I am always glad to hear from you all. Sometimes a phone call is the only way I get to know some of you.



Also don't forget we offer the 11/12 Program to our Westminster Village residents. Prepay

your rent for 11 months and the 12th month is FREE. This is a great deal and we have been enclosing a flyer with your statements each month which explains the savings.

We also offer direct deposit for your rent. Sign up at the office, just bring in a voided check and we will give you a form to fill out. It's just that easy.

Angela Hollins, Accounting Director

Environmental Services News

We enter the New Year with hope that this pandemic will end soon. We want to do our best to serve you and part of that best is to minimize exposure to our residents during the pandemic. In that regard, we are currently doing emergency work orders only.

Please remember the plumbing lines at Westminster Village were installed prior to the use of garbage disposals, which affects how efficiently they are able to carry away waste. Please do not put items such as: pasta, orange rinds, melon rinds, red meats, coffee grounds, greens (lettuce, cabbage, cilantro etc.) or potato skins down your garbage disposal as these items cannot be chopped up enough to go smoothly through our plumbing lines and cause your kitchen sink to stop up. This includes any type of animal fat or cooking grease.

We are currently working on filter changes. If you would prefer changing the filter yourself please pick up an orange flyer from the administrative office that states, "Please do not change filter" and attach it to your kitchen door.

Security 870-623-4119

Happy New Year! **Butch Sander, Environmental Services**



Please remember to disconnect your outside water hoses and set your inside faucets to drip when temperatures are 25 degrees or below. You can also open your kitchen and bathroom sink cabinets to help prevent freezing.

Four Candles

Four candles slowly burned, their ambiance so soft you could almost hear them talking.

The first candle said, "I am Peace. The world is full of anger and fighting. Nobody can keep me lit." Then the flame of peace went out completely. The second candle said, "I am Faith. I am no longer indispensable. It makes no sense that I stay lit another moment." Just then a soft breeze blew out the flame.

Sadly the third candle said, "I am Love. People don't understand my importance so they simply put me aside. They even forget to love those who are nearest to them." And waiting no longer, Love's flame went out.

Suddenly a child entered the room and saw the three candles and said, "Why aren't you burning? You are supposed to stay lit until the end." Saying this the child began to cry.

The fourth candle answered, "Don't be afraid. I am Hope. While I am burning we can relight the other candles."

With shining eyes the child took the candle of Hope and lit the other three. The greatest of these is Love, but the flame of Hope should never go out from your life. With Hope each one of us can live with Peace, Faith and Love.

With Hope, no matter how bad things look and are, Peace, Faith and Love can shine brightly in our lives. Don't let these candles go out in your lives!

Yours in wellness, **Peggy Kenner**

Mondays & Thursdays 8 AM Wellness Clinic Office 9 AM Exercise Class RC 10 AM Wellness Clinic Office 11:45 Stretch & Stress Relief RC





Thunder Bayou Golf Course is ranked # 4 in the state of Arkansas Call Tony, Van or Ron for more information. 532-2621.

The Advisory Committee : Edith Sellers, Loretta Heard, Jean Scott, Mary Rixse, Ann Campbell, Gary Walker, Jack and Anita Thompson

Westminster Village Directors Tammy Swanson Cindy Williamson Leslie Acred **Kendall Berry Butch Sanders Angela Hollins Peggy Kenner**

Executive Director Administrative Marketing **Resident Services Environmental Services** Accounting Wellness Nurse

Board Members Beth Fitzgerald, Tom Henry, David King, Roger Oldham, Bob Ramey, Janet Robertson, Bill Sullivan, Pastor Mike Wey, Glen Whitener, Bruce Young,

President Vice President Secretary/Treasurer Roger Oldham Finance Chairman Bob Ramey

Board of Directors

Pastor Mike Wev Janet Robertson

Westminster Village is a 501(c)3 non-profit corporation



Blytheville, AR 72315 (870) 532-4100

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Village Voice January 2021

Sun	Mon	Tue	Library open 1 to 3	I	Thu	Lik
RC - Ramey Center CH - Craft Hut VL - Village Library ANC - Arkansas Northeastern College						1 🗸
3	4 9 AM Exercise Class RC Wellness Clinic 10AM - 11:30 11:45 Stress Relief No TOPS	5	6 No Lunch Trip		9 AM Exercise Class RC 10 AM COFFEE Activity Meeting ess Clinic 10AM - 11:30 Stress Relief	8
10	11 9 AM Exercise Class RC Wellness Clinic 10AM - 11:30 11:45 Stress Relief No TOPS	12	13 12 noon Ramey Lunch Chili Dogs & Chips Sign Up by the 11th.		9 AM Exercise Class RC 10 AM COFFEE ess Clinic 10AM - 11:30 Stress Relief	15
17	18 9 AM Exercise Class RC Wellness Clinic 10AM - 11:30 11:45 Stress Relief 5:30 TOPS	19	20 12 noon Ramey Lunch Tomato Soup & Grilled Ham & Cheese Sandwiches Sign Up by the 18th.	_	9 AM Exercise Class RC 10 AM COFFEE Bingo ess Clinic 10AM - 11:30 Stress Relief	22
24	25 9 AM Exercise Class RC Wellness Clinic 10AM - 11:30 11:45 Stress Relief Kream Kastle Orders by today! 5:30 TOPS	26 3 PM Birthday - Move In Anniversary BINGO Party Sign Up! RC pg 3	27 11:30 Kream Kastle To go in the Ramey Center. Sign Up & Order must prepay by Monday the 25th. Pg 3		9 AM Exercise Class RC Activity Meeting ess Clinic 10AM - 11:3-0 Stress Relief	29
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