HE VILLAGE VOICE

July Roast Beef Lunch



Volume 248 #wmv #wmvofthemidsouth www.wmv.org





Summer is in full swing and I feel it. It sure is hot! It brings to mind the first book I ever read in it's entirety, other than the Dick and Jane books. The name of the book was Superfudge by Judy Bloom. In the book she talked about how hot it was in the summer. So hot that you could fry and egg on the street. Well, guess what I did? I got an egg and took it to the street! I was so excited to fry that egg. I wanted to see if it was true or not, it kinda was? It took a good hour and a half, but it cooked! Mainly the white and none of the yolk! It also makes me remember our yearly vacation to Greer's Ferry Lake. That was my mom's favorite vacation spot. Daddy loved it too. It not only was our yearly vacation, but since Mom's Birthday was on the 29th of July, it was also her birthday trip too. We went with my best friend and her family who were also friends with my parents. We camped in tents and we loved it! I can still taste and smell the link sausage that daddy would cook for breakfast. The camping site we were at was right there by the manmade sandy beach. We loved playing in the sand and pretending that we were at the ocean. My sister who was at least 6 years old would have her sand bucket ready and would spend her entire time at the beach trying to catch minnows on the shoreline at the beach. She would get mad at the boats when they went by and would create waves and make it difficult to catch the minnows. My sister and I were very experienced in catching stuff out of the water. We would go fishing with our parents very often and we would fish tadpoles out of the ditch in our front yard. One day while we were out swimming, my Mom and her friend got on their floats and took off to the rope. It was a good distance from the beach. They liked going to the rope so they could take advantage of the waves the boats created that my sister hated so much. I'm watching them from the beach and I can see my mom talking loud and looking around her raft. All of a sudden, my Mom leaves the raft and swims the fastest I have ever seen her swim. She could have won an Olympic gold medal, I mean she was fast! She gets to the shore, out of breath and begins to tell us what happened. She tells us that she was laid back and resting on the raft and talking to her friend. She then tells us that she felt something tugging on her raft. She thought that it was one of us pulling on it and trying to tip her over. So as only mom could she begins to cuss us and as she looks around, sees the biggest turtle she had ever seen!! She said that the ginormous turtle was tugging on her raft and that when she saw it and then she jumped off and swam as fast as she could! Someone on the beach mentioned that she was as fast a swimmer as Mark Spitz, the famous Olympic Swimmer. We laughed the whole rest of the vacation about that. I will forever cherish every memory with my parents on our vacations. We didn't have much money, but somehow we made it through just fine and it never seemed like we didn't have much money. It's been a long time since we've been to Heber Springs Greer's Ferry. Maybe I'll plan a trip and make some memories with my kids and grandchildren. Speaking of grands, I have two more on the way! Ally is about 6 weeks, due in March and Tyler (my oldest), he and his better half are expecting in early February. To say I feel blessed is an understatement.

Tammy Swanson, Executive Director



Our Mission Statement Westminster Village is committed to providing an environment that encourages and enables our residents to enjoy life to the maximum of their capabilities in a relaxed atmosphere of security, comfort and dignity.

E VILLAGE VOICE

Tammy Talk



Lets to go to a Game in August or September. We will eat at the Ball Park. We will decide on a game if enough sign up at the Coffee Thursday, August 5th. Sign up with the front desk by Thursday, August 5th if you are interested in going to a

game. **SIGN UP!**





Burgers & Chips Wednesday, August 11th 12:30 in the Ramey Fresh hand made Burgers Chips & Ice Cream Sandwiches Sign Up by Monday the 9th!

> Lunch & Movie Wednesday, August 18th

Let's go to Jonesboro for lunch and go see the Aretha Franklin movie "RESPECT!"

Group will decide where for lunch **Olive Garden or ?**

Please sign up!

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Thunder Bayou Golf Course is ranked # 4 in the state of Arkansas Call Tony, Van or Ron for more information. 532-2621.

The Advisory Committee : Loretta Heard, Jean Scott, Mary Dyer, Annie Campbell, Gary Walker, Beverly Trusky, Jack and Anita Thompson.

Westminster Village Directors

Tammy Swanson **Cindy Williamson** Leslie Acred **Kendall Berry Butch Sanders Angela Hollins Peggy Kenner**

Executive Director Administrative Marketing **Resident Services** Environmental Services Accounting Wellness Nurse

Board Members

Beth Fitzgerald, Tom Henry, David King, Roger Oldham, Bob Ramey, Janet Robertson, Bill Sullivan, Pastor Mike Wey, Glen Whitener, Bruce Young

Board of Directors

President Vice President Secretary/Treasurer Roger Oldham **Finance Chairman** Bob Ramey

Pastor Mike Wey Janet Robertson

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Don't forget about the 11/12 program earn more interest than you can get from the bank! Call the accounting office for more information about this program.

Faith In Action

Faith in Action offers the following services: Light Housekeeping - Respite Care - Local Transportation Letter Writing - Telephone Reassurance.

If you need a ride you must have an application on file and give 24-hour notice. Please call 532-1501 for more information.

Remember, you can always find the most current Village Voice in full color online at: http://www.wmv.org/newsletter

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Library News Can you believe it's August already? It is too hot outside. So stay in our cool library and

check out a cool book to read..

Have a good day with a good

book in August.

Your library volunteers: Doris Marks, Loretta Heard, Eileen Thurman, Donna Clayton, Nancy Frame, Emma Burns, and Beverly Trusky.

WOW NEWS We will have our meeting 10 AM Saturday, September **18th**



Book Club The Westminster Village **Book Club will be back on** Wednesday, September 8th.

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Walkin' on the Memphis Bridge! **Kicking off Active Aging Activites**



9 AM Tuesday, September 21st lets Walk the Memphis Bridge easy pace then go to lunch at Pancho's. You do not have to walk the entire bridge. Sign Up!



In MEMORY of someone who has lost their fight with cancer...or in HONOR of someone that is fighting the battle now.



Give Cancer the Boot! Buy a luminaria.

Life Springs Life Counsel/Coaching 4110 Memorial DR Blytheville, AR 72315 In the Connection Church office complex behind

the Chapel, suite 1 and 2.



LIFE CAN BE FUN AGAIN! Worry, Fear, Loneliness, want to discover your Purpose, Want to forgive but can't seem to do it. has grief been controlling your night and days. IT TIME TO FIND LIFE AGAIN, **THE JOY OF LIVING!**

CALL US! 870-623-4988 DR Dale Ruddick **CERTIFIED** Christian Counselor and Master Life Coach. Office 870-623-2623. Rhonda Smith Master Life Coach.

> FREE 1 HOUR Consult for the WESTMINSTER VILLAGE residents!





CRAFTY ONES 2 PM Thursday the 12th & 26th 2 PM in the Craft Hut





in October

Grab your safari hat and let's all go to the ZOO. Sign Up and we will pick a day to go in October

at Coffee on August 19th Activity Meeting.

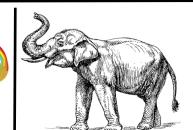
We can have lunch at the Half Shell or somewhere else.

Let's go to the Dyer County Fair **Senior Day**

on Thursday, September 9th. We will leave at 8 AM

We will play Bingo and eat at the Fair a Senior lunch is provided. Sign up if you want to go!

Is coming in October! Get for ready! Get Inspired!



THE WHITE **ELEPHANT**

Friday's 10 to 5 Saturday's 9 to 4

We have revitalized the store, and have many new items. For example: Health & Beauty Products, Seasonal Items, Holidays, Crafts, Small **Electronic & Cell Phone Items, and** much more.

We look forward to everyone coming out to visit and enjoy shopping in the White Elephant.

Remember to bring your donations or we can pick them up if needed.

Masks are still required to enter, and practice safe distancing precautions.

The White Elephant

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Sun	Mon	Tue	Wed	Thu		White Elephant 9 to 4
1 CH = Craft Hut RC = Ramey Center VP = Village Pool	2 9 AM Exercise Class RC Wellness Clinic 10 - 11:15 AM 11:30 Water Aerobics - VP 5:30 Tops	3	4 11:30 Great Wall Sign Up!	5 9 AM Exercise Class RC 10 AM Coffee Memphis Redbirds?Wellness Clinic 10 - 11:15 AM 11:30 Water Aerobics - VP	6 6 PM Mexican Train Dominoes RC	7
8	9 9 AM Exercise Class RC Wellness Clinic 10 - 11:15 AM 11:30 Water Aerobics - VP 5:30 Tops	10	11 12:30 Fresh Homemade Hamburgers RC pg 2 Sign Up!	12 9 AM Exercise Class RC 10 AM Coffee BUNCO Wellness Clinic 10 - 11:15 AM 11:30 Water Aerobics - VP 2 PM Crafty Ones CH	13 6 PM Mexican Train Dominoes RC	14
15	9 AM Exercise Class RC Wellness Clinic 10 - 11:15 AM 11:30 Water Aerobics - VP 5:30 Tops	17 1:30 PM Advisory Meeting 3:00 Birthday / Move In BINGO Party - RC pg 7	18 Jonesboro Lunch and Movie Aretha - "RESPECT" Schedule to determined! Sign Up! Pg 2	19 9 AM Exercise Class RC 10 AM Coffee Activity Meeting Wellness Clinic 10 - 11:15 AM 11:30 Water Aerobics - VP 2 PM Board Meeting RC	20 11 AM Kream Kastle We will order BBQ Sign Up! Pg 2 6 PM Mexican Train Dominoes RC	21
22	 9 AM Exercise Class RC Wellness Clinic 10 - 11:15 AM 12 noon Stretch & Stress Relief -RC 5:30 Tops 	24 CECTEAN 5:30 Cobb Funeral Home Ice Cream Social RC pg 2	25 10:45 Dyersburg Grecian & Shopping Marshall's and other Sign Up!	26 9 AM Exercise Class RC 10 AM Coffee BUNCO Wellness Clinic 10 - 11:15 AM 11:30 Water Aerobics - VP 2 PM Crafty Ones CH	27 6 PM Mexican Train Dominoes RC	28
29	30 9 AM Exercise Class RC Wellness Clinic 10 - 11:15 AM 11:30 Water Aerobics - VP 5:30 Tops	31	1 September	2 9 AM Exercise Class RC 10 AM Coffee Senior Games Wellness Clinic 10 - 11:15 AM 11:30 Water Aerobics - VP	3	4