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THE VILLAGE VOICE

Fishing Day

~ May Flashback to Photos ~



THE VILLAGE VOICE





Tammy Talk

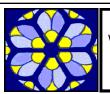
"ENOUGH"

When is enough, enough? How do we know we are enough or that we are doing enough? To some you are enough. To others, you will never be enough. I learned a long time ago that you cannot please everyone ALL the time. You can't. I can't. It is impossible. One person cannot possibly please everyone. There will be critics. There will be haters. There will be those who believe that you will never be able to do anything right. Even if you get it right a hundred times, they will never admit it. It's easy to say, "If It were up to me or I would do it this way," or "If I were in charge of that it would have gone better". Everyone seems to have the solution. It seems like it's easier to bring some one down than to raise them up. I think that we all know the truth about ourselves, yet we allow the opinions of other people tell us something different. So I ask you this, what does being enough look like to you, separate from what everyone else thinks?

For years now, through all the things I've been through, and I've been through enough, I adopted some practices to get me through life. I've learned to let go of the approval of others. I can't care about what everyone else thinks. They are never going to think good things to begin with. I live my life with honesty and integrity. Everyone has an opinion, and I'm not always entitled to it, and that is ok.

I focus on being my best self every day. I have had loads of people ask me "how are you so happy go lucky every day?" short answer, I choose to be. I won't compare myself to others. I raise the bar on myself. Everyday. I am a very honest person. Almost to a fault. Talent comes in all forms shapes and sizes, some are more talented in certain areas that others. I don't beat myself up for not being able to do what everyone else can do, wanna know why? Because I have my own talents. Some talents that I was born with, some, I've honed in my 48 years. It's ok, we can be different from each other.

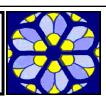
There has been A LOT of progress in the last couple of years at Westminster Village, even during a Global Pandemic your staff at Westminster Village shined! They shined and held it together every day of it. I would like to convey how ABSOLUTLEY PROUD I am of each and every one of them. I hope you'll join me in doing the same. It was not an easy task, that I can promise you. Summer is on its way, COVID is going away, not gone, but going. Lets meet up outside, in the warm sunshine and re-introduce ourselves to each other. Let's be positive. Let's make this the best summer ever at Westminster Village.



Our Mission Statement

Westminster Village is committed to providing an environment that encourages and enables our residents to enjoy life to the maximum of their capabilities in a relaxed atmosphere of security, comfort and dignity.





Resident Relay Cook Out 5 PM Wednesday, June 2nd



We will be at our Ramey Center cooking hamburgers and hot dogs.



The Relay For Life will be on Memorial Drive **Friday Evening June** 4th.



Big Brunch

12 noon Friday the 18th RC Sign Up!

Thursday the 10th 2:30 PM Movie "Queen Bees " & Dinner We will go to Jonesboro or **Paragould Theatre** Sign Up! "Queen Bees"

While her house undergoes repairs, fiercely independent senior Helen temporarily moves into a nearby retirement community, where she encounters lusty widows, cutthroat bridge tournaments and a hotbed of bullying "mean girls."



The Relay For Life is June the 4th and 5th. The Relay for Life and Car Show will be at end of Memorial Drive.



This is a big annual event to show our support for the many cancer patients, cancer survivors and the American Cancer Society. Everyone is invited to come out to the Relay for Life and Car Show.

CAR SHOW Cars & Cycles Against Cancer Saturday, June 5th

Join the July Celebration Lunch! Thursday, July 1st at 1pm.

Come enjoy a special July Celebration Day 1 PM Thursday, July 1st - Ramey Center. We will be having All American Roast Beef Sandwiches with Beans. Potato Salad & Ice Cream for desert.

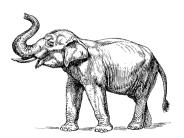
& BINGO

THIS IS A FREE FOR WMV RESIDENTS YOU MUST SIGN UP BY MONDAY, JUNE 28th

CRAFTY ONES

3rd & 17th Canvas Painting & Pottery 2 PM in the Craft Hut





THE WHITE **ELEPHANT**

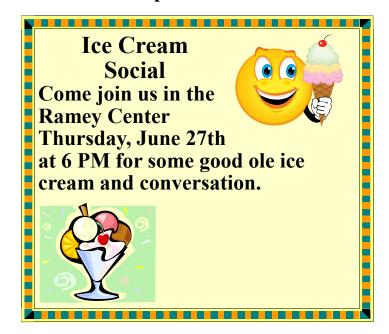
Friday's 10 to 5 Saturday's 9 to 4

We have revitalized the store, and have many new items. For example: Health & Beauty Products, Seasonal Items, Holidays, Crafts, Small Electronic & Cell Phone Items, and much more.

We look forward to everyone coming out to visit and enjoy shopping in the White Elephant.

Remember to bring your donations or we can pick them up if needed. Masks are still required to enter, and practice safe distancing precautions.

The White Elephant





Thunder Bayou Golf Course

is ranked # 3 in the state of Arkansas and is offering a 25% discount on all memberships to Westminster Village residents. Call Tony, Van or Ron for more information. 532-2621.

The Advisory Committee: Loretta Heard, Jean Scott, Mary Dyer, Annie Campbell, Gary Walker, Beverly Trusky, Jack and Anita Thompson.

Westminster Village Directors

Tammy Swanson Executive Director Cindy Williamson Administrative Leslie Acred Marketing **Kendall Berry** Resident Services **Butch Sanders Environmental Services Angela Hollins** Accounting **Peggy Kenner** Wellness Nurse

Board Members

Beth Fitzgerald, Tom Henry, David King, Roger Oldham, Bob Ramey, Janet Robertson, Bill Sullivan, Pastor Mike Wey, Glen Whitener, Bruce Young,

Board of Directors

President Pastor Mike Wey **Vice President** Janet Robertson Secretary/Treasurer Roger Oldham Finance Chairman Bob Ramey

> Westminster Village is a 501(c)3 non-profit corporation



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Morning Exercise with Peggy Mondays and Thursdays 9 a.m. in the Ramey Center Gym. Bring a bottle of water for hydration.



Water Aerobics Starts in June Mondays & Thursdays

Peggy Kenner will be leading the water exercises. Water Aerobics will start 11:30 Monday, June 7th.



Road Trip 2021 Planning... 2 Nights in Springfield, Illinois The Land of Lincoln. Touring Museums, Sightseeing and a **Dinner Theater** Sign up to help plan this trip. We will meet in July to make plans together.

July Trip Plans

9 AM Wednesday, July 21st Parkin Archeological Park We will have lunch at Pancho's in West Memphis.

Sign Up!

Book Club



The Westminster Village Book Club will meet in September.

Have a nice Summer.

GO WOW!

Women of Westminster

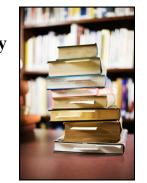
Will meet in September!

LIBRARY NEWS **Library Hours**

Monday - Wednesday - Friday 1 to 3

Happy Fathers Day from your library volunteers. There are many new books in the library. Come check one out. There are many books waiting just for you.

Happy Reading from the library





Lions Club glasses box is at the front desk. Donate your old glasses to help other see.

Remember, you can always find the most current Village Voice in full color online at: http://www.wmv.org/newsletters

JUNE

Vera Walker Mary Stark **June Cherry** 9th 9th **Tony Coleman** Freddie White **Cathy Daniels** 18th **Brenda Martinez Sidney Laird** Patricia Schroader

> **Employees James Hoskins**

Carolyn Johnson

Move in Anniversaries

Donna Moslev 20 Years Frank & Brenda Martinez 19 Years 17 Years **June Cherry Bill Labonte & Patricia Schroader** 17 Years Danny & Deannie McMillin 14 Years **Vernon Burton** 13 Years Janet Austin Green 13 Years Wanda Wattle & Vicki Schrimsher 13 Years John & Donna Calvert 6 Years Frank Coll 6 Years **Judy Flinn** 6 Years **Norie Jacobs** 6 Years

Mew Residents

Elvis Williams



Move-In Anniversary **Celebration**

Tuesday, June 22nd 3:00 PM Ramey Center



Faith In Action

Faith in Action offers the following services: Light Housekeeping - Respite Care - Local Transportation -**Letter Writing - Telephone Reassurance.**

If you need a ride you must have an application on file and give 24-hour notice. Please call 532-1501 for more information.



Lets make plans to go to a Game in July.

We will eat at the Ball Park.

I will let you know when we need to get tickets. Sign up with the front desk if you are interested in going to a game this season.





Village Voice June 2021



Tue Wed Thu

					White Elephant 10 to 5	White Elephant 9 to 4
30	Office Closed for Memorial Day	1	5 PM Relay for Life Hamburger & Hotdog Cookout Ramey Center pg 2	9 AM Exercise Class RC 10 AM Coffee RC Wellness Clinic 10AM - 11:30 11:45 Stress Relief 2 PM Crafty Ones CH	JUNE 4th Relay for Life Event Memorial Drive Pg 2 American Cancer Society Relay For Life A Team Event to Fight Cancer 6 PM Mexican Train Dominoes RC	RELAY FOR LIFE Cancer Society
6	9 AM Exercise Class RC Wellness Clinic 10AM - 11:15 11:30 Water Aerobics 5:30 TOPS	1:30 Advisory Meeting RC	9 11:30 AM Lunch Great Wall	9 AM Exercise Class RC 10 AM Coffee RC Bingo Wellness Clinic 10AM - 11:15 11:30 Water Aerobics 2:30 PM Movie "Queen Bees" & Dinner Sign Up!	6 PM Mexican Train Dominoes RC	12
13	9 AM Exercise Class RC Wellness Clinic 10AM - 11:15 11:30 Water Aerobics 5:30 TOPS	8:30 AM WOW Jonesboro Shopping Day Lunch at Lazzari's	16	9 AM Exercise Class RC 10 AM Coffee RC Wellness Clinic 10AM - 11:15 11:30 Water Aerobics 2 PM Board Meeting 2 PM Crafty Ones CH	12 noon Big Brunch RC Sign Up! 6 PM Mexican Train Dominoes RC	19
Happy Fathers Day!	9 AM Exercise Class RC Wellness Clinic 10AM - 11:15 11:30 Water Aerobics 5:30 TOPS	3 PM Birthday & Move on Bingo Party RC - pg 3	11:30 AM Lunch Las Brisas	9 AM Exercise Class RC 10 AM Coffee RC Jennifer Clay Relay for Life Wellness Clinic 10AM - 11:15 11:30 Water Aerobics	6 PM Mexican Train Dominoes RC	26
27	9 AM Exercise Class RC Wellness Clinic 10AM - 11:15 11:30 Water Aerobics 5:30 TOPS	29	30	1 9 AM Exercise Class RC No Coffee Wellness Clinic 10AM - 11:15 11:30 Water Aerobics July Celebration 1 PM Lunch! RC Pg 2 Sign Up!	2 6 PM Mexican Train Dominoes RC	3