

THE VILLAGE VOICE

Fresh Burgers

Ice Cream Social

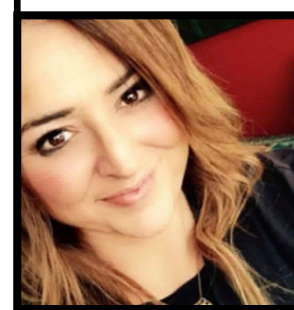
BINGO!

BINGO!

Winner Winner
Chicken Dinner!

Winner Winner
Chicken Dinner!

THE VILLAGE VOICE



Tammy Talk

“Technology.. it’s killing me”

I think that all of us know who the Jetson’s are. We all grew up watching all the cool futuristic type things they had for everyday living, even a car that flies. We still can’t fly the cars yet and I think if you ask an 18 year old today ‘Who are

the Jetson’s” they will likely respond with “WHO?”

So, I went and did a thing. It was time to trade my car in. It had two payments left and it knew it. How does it know? We went on a beautiful vacation to Orange Beach, AL and had to drive all the way back home with a broken motor mount. My old car was a great car and served my family quite well. But, it had to go. So back to technology and it killing me. I have purchased a 2021 Ford Expedition Max. First of all, I wasn’t sure what max meant but we soon found out. She only had 18 miles on her when I got her. She’s pretty and very big! I call it a bus. My kids call it a land Yacht! She’s the same color as my last car, but it’s what they had there so I was ok with that. We picked her up at 10:00am on a Saturday and then headed off to Poplar Bluff for a baby shower. I pulled up to another one just like mine. When we got out, we soon found out why it’s called a max. Mine is quite a bit longer. There is so much technology on the dash and the steering wheel that I was afraid to push any buttons while driving, so my husband read the owner’s manual while I drove. One feature I love most is the cooled seats!! If you have it in your car, then you know why I love it. If you don’t, then when you need to purchase a vehicle get one that has them. You can thank me later!

Vehicles these days don’t have keys. They have key fob’s and push button start. My last car was a normal key start. I go out the next day proud of my purchase to meet my bestie for lunch and light shopping. I get to the back of my car and open the hatch to load my stuff afterward. Nothing eventful there. Now instead of reaching up and straining muscles to pull the hatch down, I now have a button for lowering the hatch. NICE! Now, I know I do not know everything, but I do know some things about a lot of things. For example, I know that cars with key fob’s will automatically unlock the car door when you are near the car, but for some reason I assumed mine had not been programmed or something. As I am exiting Wal-Mart, I began to wrestle with my purse to obtain my fob to pre-start the car. I can’t find it. All I can hear in my head was the guy at the dealership saying that if I lose this thing it’s \$500. Imagine this. Here I am, at the driver’s side of my car pulling everything out of my purse and laying it on the running boards looking for my key fob. Had someone wanted to rob me, I was sure making it easy for them to do! I finally find it, and I’m on my merry way. Later that evening, I’m telling my kids what happened. They began to laugh. My youngest son Jacob takes me to my car with the key fob and has me approach the driver’s door. Magically, it unlocks!! You see... It unlocked while I was dumping my bag in the Wal-Mart parking lot, but it looked locked to me so I didn’t even try it!! I’ve named her Franny. My car that is. I got her to accommodate 4 car seats for my 4 grands I’ll have next year this time.

The car that outsmarted me. But, there is one thing she can’t do, and that’s fly. Well... at least not for now.

Sincerely,
Tammy Swanson, Executive Director



Our Mission Statement

Westminster Village is committed to providing an environment that encourages and enables our residents to enjoy life to the maximum of their capabilities in a relaxed atmosphere of security, comfort and dignity.



Lunch & Movie

Friday, September 10th
Let's go to Jonesboro for lunch and go
see a movie at 10:30 .

We will have lunch at Sumo's before the
movie.
Please sign up!



We are going to a Redbirds
Game on Wednesday,
September 15th at 11:45.
We will eat at the Ball Park.
SIGN UP!

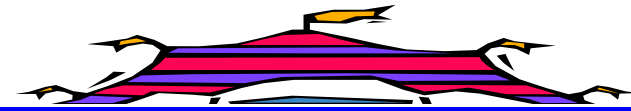


Walk on the Memphis Bridge



8:30 AM Tuesday, September 21st
Let's go walk the Memphis Bridge
then then go to have Lunch at
Pancho's in West Memphis on the
way home.
Sign up!

Active Aging Week
Senior Games Begin in October!



Relay For Life

The Relay For Life is Friday,
at 5:30pm - 9:30pm September
17th. The Relay for Life and
Car Show will be on Saturday
from 9 to 2 at the Ramey
Center on Memorial Drive.



This is a big Car Show event to show our support
for the many cancer patients, cancer survivors
and the American Cancer Society.

We are not getting together as a group at these
events due to the increase in COVID cases in
Arkansas. If you go remember to social distance.
The Spaghetti Dinner will be our Relay Group
Event on Thursday the 23rd at 5 PM.

CAR SHOW
Cars & Cycles Against Cancer
Saturday, September 18th
9am to 2pm



Village Night Out Spaghetti Dinner



Thursday
September 23rd
at 5 PM
Ramey Center
Spaghetti
Salad, Bread & Cheese Cake
Sign up with the front desk.

Wellness

I think we all know what we should
do to stay healthy. This used to be
a simple "to do" list but in times
like we are experienced it becomes
more difficult. There are so many
ideas on this subject that we become
confused and sometimes doubt our own
knowledge about what is right and
what is wrong.

We all know to eat right, get enough
exercise, take our vitamins...etc.
but now we are faced with decisions
about vaccines, masks, what is right
and what is wrong...

There is no right or wrong. We all
have our own personal decisions to
make based on our convictions.
The bottom line is "be smart " and
follow the rules. We don't always
agree with the rules but we follow
them to be respectful of others and
the law. It is not up to us to
judge. It is up to us to do what our
gut feelings tell us. I will add a
bit of information that will not
harm anyone and it is advice that I
have mentioned to many of you every
winter. The Airborne or Emergen-C
that has vitamin C, D and Zinc is
believed to help your immune system.
We can't get all we need in our
food. As for me, I am trying to stay
healthy, avoid large crowds and wear
my mask when appropriate and when I
feel it is needed. I may feel well
but still be a carrier of illness.
It would break my heart if I thought
I had transmitted a sickness to any
of the residents. Doctors and nurses
have worn mask and gloves forever
when performing procedures on
patients so that tells me they must
work. My prayer for you is that you
stay well, be sensitive to the
feelings of others and "to love your
neighbors as yourself" BUT- At a
distance!

Love in wellness,
Peggy Kenner, Wellness Nurse



Thunder Bayou Golf Course
is ranked # 4 in the state of Arkansas Call Tony,
Van or Ron for more information. 532-2621.

The Advisory Committee : Loretta Heard,
Jean Scott, Mary Dyer, Annie Campbell, Gary Walker,
Beverly Trusky, Jack and Anita Thompson.

Westminster Village Directors

Tammy Swanson	Executive Director
Cindy Williamson	Administrative
Leslie Acred	Marketing
Kendall Berry	Resident Services
Butch Sanders	Environmental Services
Angela Hollins	Accounting
Peggy Kenner	Wellness Nurse

Board Members

Beth Fitzgerald, Tom Henry,
David King, Roger Oldham, Bob Ramey,
Janet Robertson, Bill Sullivan,
Pastor Mike Wey, Glen Whitener

Board of Directors

President	Pastor Mike Wey
Vice President	Janet Robertson
Secretary/Treasurer	Roger Oldham
Finance Chairman	Bob Ramey

**Westminster Village is a 501(c)3
non-profit corporation**

Don't forget about the 11/12 program earn more interest
than you can get from the bank! Call the accounting office
for more information about this program.

Faith In Action

Faith in Action offers the following services:
Light Housekeeping - Respite Care - Local Transportation
- Letter Writing - Telephone Reassurance.

If you need a ride you must have an application on
file and give 24-hour notice. Please call 532-1501 for
more information.

**Remember, you can always find
the most current Village Voice in full color
online at: <http://www.wmv.org/newsletter>**

Happy Birthday

SEPTEMBER

1st Dennis Darby
2nd Luis Cam
2nd Edward Walker
5th Charles Lipford
6th Frank Farris
7th Frank Coll
7th Sue Forrester
8th Eloise Dunn
11th Beverly Storey
15th Nancy Frame
17th Anthony Gates
17th Regena Gates
19th Todd Milner
19th Vicki Schrimsher
21st Jeff Blackmer
22nd Theoda Hampton
25th Reba Clower
25th Kenneth Kraft
29th Sandra May
30th Eddie Starks

Employee Birthdays

2nd Peggy Kenner
4th Carrie Payne
4th Jennifer Stigall
5th Angela Hollins
16th Shelly Bradley
22nd Tommie Wilborn
30th Eddie Starks

BINGO

Birthday &
Move-In Anniversary
Celebration Party
Tuesday
September 14th
3:00 PM
Ramey Center

Move In Anniversaries

Gary & Eileen Thurman	13 years
Gloria Smith	10 years
Jean Scott	8 years
Jewell Mathis	8 years
Anthony & Regena Gates	7 years
Sidney & Juanita Laird	5 years
Brad White	4 years
Perry Lee Bell	3 years
Tommy & Sammy Hayes	2 years
Cordell Bedford	1 year
Todd Milner	1 year

New Residents

Onward Bullard
Gary & Patricia Guttridge
Clyde & Carol Stanford

SENIOR GAMES

Is coming in October!
Get ready!
Get Inspired!
Retired and Ready!
Sign up if you are
inspired to be inspiring!



Billiards ?
Bean Bag Baseball ?
Javelin ?
Discus ?
Horseshoes ?
Baseball Throw?
Bocce Ball ?
Scoop d Loop ?
Egg Walk? Egg Toss?

And more.... **Sign Up!**

Don't forget about the 11/12 program.
Earn more interest than you can get from
the bank! Call the accounting office for
more information about this program.



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the most current Village Voice in full color online at:
<http://www.wmv.org/newsletter>

LET'S HANG OUT AT THE MEMPHIS ZOO



Grab your safari hat and let's all go to the
Zoo. 8:30 AM Tuesday, October
5th. We will head to the Zoo from the
Ramey Center at 8:30. We will have
Dutch lunch around 1 pm.
\$20 per ticket. Pay at the Zoo. Sign Up!

Lunch at the Just Divine Tea Room

Charlene's in Halls, TN
Christmas Boutique and
Just Divine Tea Room
Wednesday, October 20th
10 AM Ramey Center
Dutch treat lunch

Sign up with the front desk.

Village Night Out
Halloween Party Friday,
5 PM October 29th
Cold Cut Sandwiches
And Chips



Time to start thinking
about your creative
costume.

We always have fun
and lots of laughter.

Book Club



The Westminster Village
Book Club meets at 2:00 on the second
Wednesday of each month in the Village Library.
This month's Book Club meeting is a renew meeting
to plan what book to begin with.

All are invited to attend.

We are social distancing...



WOW

Meeting Saturday, October 16th
In the Ramey Center at 10 AM
We will be celebrating 11 years of Women of
Westminster Village -WOW

We will be planning activities for the
coming months.

CRAFTY ONES

2 PM Thursday the
9th & 23rd
2 PM in the Craft Hut



SIMPLE REMIDERS

Sign In at the Pool
Pool guests must be 21 or
over at the pool.

Walk your pets on a leash!

Please drive safe and
always stop at stop signs!


















September 2021



Village Voice



Sun	Mon	Tue	Wed	Thu	Fri	Sat
						
					White Elephant 10 to 5	White Elephant 9 to 4
CH = Craft Hut RC = Ramey Center VL = Village Library VP = Village Pool			1  11:30 El Puerto De Acapulco Sign Up!	2 9 AM Exercise Class RC 10 AM Coffee Relay For Life Luminaires Wellness Clinic 10 - 11:15 AM 11:30 Water Aerobics - VP	3 PM Mexican Train Dominoes RC	4
5	6 LABOR DAY Office is Closed	7	8  11:00 Dairy Queen Kennett Sign Up! 2 PM Book Club Village Library pg 7	9 9 AM Exercise Class RC 10 AM Coffee Bingo Wellness Clinic 10 - 11:15 AM 11:30 Water Aerobics - VP 2 PM Crafty Ones CH	10 10:30  Sumo's & Movie In Jonesboro pg 2 PM Mexican Train Dominoes RC	11  Remember 911
12	13 9 AM Exercise Class RC Wellness Clinic 10 - 11:15 AM 11:30 Water Aerobics - VP 5:30 Tops	14 1:30 PM Advisory Meeting 3 PM Birthday - Move In Bingo pg 6  	15  We are going to the Redbirds Game at 11:45 pg 2 	16 9 AM Exercise Class RC 10 AM Coffee Activity Meeting Wellness Clinic 10 - 11:15 AM 11:30 Water Aerobics - VP PM Mexican Train Dominoes RC	17   5:30 Pg 2 No Game Night due to Relay for Life	18 CAR SHOW Cars & Cycles Against Cancer 9 to 2 Memorial Drive Pg 2 
19	20 9 AM Exercise Class RC Wellness Clinic 10 - 11:15 AM 11:30 Water Aerobics - VP 5:30 Tops	21  8:30 Walk the Memphis Bridge go to Lunch at Pancho's pg 2	22	23 9 AM Exercise Class RC 10 AM Coffee Wellness Clinic 10 - 11:15 AM 11:30 Water Aerobics - VP 2 PM Crafty Ones CH  5 PM Sign Up! pg 2	24 PM Mexican Train Dominoes RC	25
26 Active Aging Week Retired & Ready!	27 9 AM Exercise Class RC Wellness Clinic 10 - 11:15 AM 11:30 Water Aerobics - VP 5:30 Tops	28	29	30 9 AM Exercise Class RC 10 AM Coffee Senior Games Wellness Clinic 10 - 11:15 AM 11:30 Water Aerobics - VP	 Lions Club glasses box is at the front desk. Donate your old glasses to help other see.	