

VILLAGE VOICE

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Employee of the Quarter

Chris Smallwood has been honored with Employee of the First Quarter for 2018 for his outstanding job performance. Whenever asked to work outside his comfort zone Chris has always been willing to go the extra mile. Chris began working for Westminster Village in October of 2014 and has proved to be a huge asset to the company. Chris is a dedicated and reliable employee to Westminster Village and the residents of the Village. Congratulations Chris!



Linda O'Guin and Chris Smallwood

Linda's Letter

Spring is Here!

Happy Easter! It is my hope that each of you have enjoyed Easter week. The local churches have had a service each day of the week with lunch to follow and I hope that many of you have had the opportunity to attend. With Easter so comes spring and I for one am so excited about having sunshine and spring flowers. The daffodils are out and I have seen some irises blooming. The trees are beginning to turn green and the poplar trees and tulip trees are in bloom. I plan to start a walking routine shortly. I know this is one of the best things I can do for my health and I must get started. Exercise is not a fun thing for me but if I want to be active as I age I know I must buy into it. We have so many residents at the Village that are good examples of what exercise can do for you. Peggy's Monday and Thursday exercise classes are always full of residents that are keeping themselves fit. Working on balance is so important to keep us from falls. I hope to see many of you on the walking trail as I get out and begin my walking schedule.

We had a great March with lots of fun activities. I want to say a special thank you to Mr. Armand Ethier for setting up the tour at Big River Steel for the residents. I was not able to attend but I have had many tell me how great the tour was. Kendall had a St. Patrick's Village Night Out on March 15th with a beef and potato Shepherd's pie that the residents have raved about. We went to the Memphis Brooks Museum on March 21st to see the "African-Print Fashion Now!" exhibition, which was a big hit with the residents attending. We also had the "Secret Order of the Green Thumb Society on March 23rd where the residents made terrariums. Planning for the Huntsville/Chattanooga/Nashville trip is still underway. Get your name on the list if you plan to go.

As we go into April we again have so many activities to choose from. We will have lunch at noon at the Ramey Center and then go into our Village Beautification Planning meeting on April 3rd at 1 p.m. This is for meeting and discussing what we want to turn the slabs on Spruce Street into. There are lovely trees for shade and this would make a great spot for residents to have outdoor activities. There have already been several ideas mentioned but we need to meet as a group to see where we want to take this and decide if we are going to write a grant for this area. All input will be appreciated. After Coffee on April 5th residents will go to Gosnell Elementary School to visit the EAST classroom. These kids are so bright and willing to take time with you. I was so impressed with this classroom and what is offered to them. There is a trip planned to go see the Memphis Redbirds play on April 16th. We have the Special Olympics at Gosnell School planned at 10 a.m. on April 20th. Residents volunteer to prepare hamburgers and hot dogs for the kid's lunch. Kendall cooks on the grill. The kids really appreciate the help that we give. Please plan to help out as this is a very rewarding event. On Saturday, April 21st there will be a WOW meeting at the Ramey Center at 10 a.m. All ladies are welcome. There is a trip planned for April 24th to go to Southland Park which is always fun for our residents. Spring Cleanup is scheduled for April 28th. TOPS is having their regional meeting at the Ramey Center from 9:30 a.m. to 2 p.m. on April 28th. Please see the flyer enclosed with the Newsletter for more information. If you don't know anything about TOPS and are looking to get a slimmer you this summer, this is where you can get great information. TOPS meets every Monday night at 5:30 p.m. at the Ramey Center. (Continued on page 2)



Big River Steel

St. Patrick's Dinner



Back scratch please!

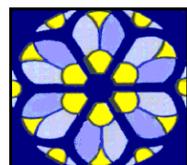
Birthday Bingo



Brooks Museum



Green Thumb



Our Mission Statement
Westminster Village is committed to providing an environment that encourages and enables our residents to enjoy life to the maximum of their capabilities in a



(Continued from main cover)

Kendall has several outings for lunch on Wednesday's in April. On April 11th we will go to Patty Ann's in Hayti, MO where they serve great homemade meals. On April 18th we will go to Dyersburg and eat at the Grecian and for all the ladies we will check out Joanna's. On April the 25th there will be a run to Kennett, MO to eat at the Dairy Queen and then go to Aldi's to shop. As you can see there is something for everyone. Don't miss out on the fun. On May 1st we will have a Village Night Out dinner brunch. Breakfast for dinner is one of my favorite meals. ANC music department will present For the Love of Music on Thursday May 3rd at 7 p.m. and again on Sunday May 6th at 3 p.m. The community choir always does a beautiful job. And on May 15th we will go fishing leaving at 8 a.m.

It is my hope that each of you reads and takes to heart Peggy Kenner's article, Embrace Aging, on Page 5 of this newsletter. As I read this article I felt like it was talking to me and could be talking too many of you. It is so important that we pay attention and embrace aging instead of fearing it. There are residents that do not get out and get involved and they are missing out on what the Village has to offer. Friendships can be made and the activities and the Crafty Ones will give you a sense of achievement. You have lots to offer and you can make a difference. Come out to Coffee each Thursday and enjoy time with other residents. On the 3rd Thursday at Coffee, Kendra comes and has Bunco. This is always a great time with gifts. We have a prayer group that meets at 10 a.m. on Monday's after exercise class. Canasta is played twice a month. The book club meets at the Ramey Center each month. We have bridge on Tuesday's and Friday's each week. There is line dancing and Mexican train dominoes each Friday. We have Dirty Bingo twice a month. We have a great library with a computer lab that you can go to at any time with your Ramey Center key. We have Jim Dixon, Veterans Affairs Officer, who is at the library each Thursday from 1 p.m. to 4 p.m. I hope that each of you will think about venturing out.

A special thanks to Chris Smallwood who has been so flexible during our time of need. He was a perfect choice for the Employee of the First Quarter 2018. He has worked in landscaping, painting and as a guard. I also want to recognize our guards; Julius Snead, Larry Green, and James Hoskins that have made every effort to help us out during the past month. The maintenance and housekeeping departments have gone the extra mile to get homes ready for the marketing department during this first quarter. The marketing department along with the administrative office has also done a great job. Oh did I almost forget Resident Services—no!! Thanks to Kendall and Mary for all the great and caring things they do each month.

Have a blessed month and I hope to see many of you during April. God bless and keep you safe.

Sincerely,
Linda O'Guin
Executive Director

**Lunch and Village Beautification Planning Meeting
April 3rd at noon in the Ramey Center**

Come have lunch at 12 and discuss ideas for beautifying and repurposing the concrete slab areas in the living areas of the village.

"Secret Order of the Green Thumb Society"

**Time : 9 AM Wednesday,
April 25th in the Ramey Center**

Order you hanging terrarium with one plant pay \$7 small \$10 large each when you sign up! This will be fun and easy project. It will be pretty in your home. Sign up with the front desk. Pay for your terrarium up to 2 terrariums per person. Additional plant \$3 each **Deadline to order is Thursday, April 5th.**



**Southland Park Dog Track & Gaming
Tuesday, April 24th
We will leave at 9 a.m.**



Free play and free lunch buffet. Sign up with the front desk. Southland Park requires two weeks advance notice to make our trip arrangements. **Deadline to be signed up is 12 noon Tuesday, April 10th to get your free play and free buffet from Southland Park.**

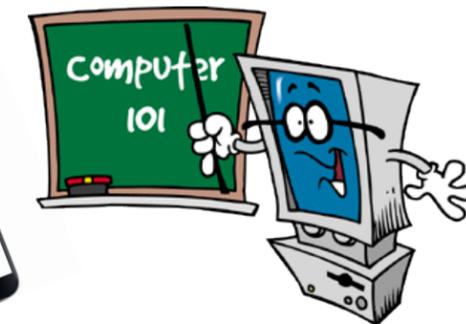
**Spring Clean Up
Saturday, April 28th
8 to 10 a.m.**



We will meet at the Ramey Center at 8 a.m. Clean-Up from the Blytheville Water Works to June Gosnell Road to Louisiana to Village. We will go to the McDonalds for breakfast. Sign up at the front desk to be a volunteer.

**Gosnell Elementary School
EAST
Environmental and Spatial Technology**

You are invited to go learn more about EAST on Thursday, April 5th after coffee at 10:30 we will go to the EAST classroom to learn what the students can do to help you with your cell phones, computers, or other perplexing things that you may have a hard time understanding how to operate. Facebook, texting, upgrading, passwords, email, and so on.



American Cancer Society

Westminster Village has been a long time supporter of the American Cancer Society in the fight against cancer, through fundraisers, luminary sales, and participating with the annual Relay for Life event for many years. When you help even in small ways you help our Relay Team. If you have not joined the Westminster Village Relay Team please sign up as soon as possible. Do it for someone in Memory Of! Do it for someone in Honor of the fight!

Sandra Harris is donating her talent for making lovely quilts to make a quilt that Westminster Village Relay Team can sell raffle tickets to raise money for the American Cancer Society.



Lets watch the weather and plan to go see the Redbirds in April on Monday the 16th. Game starts at 11 AM. We will leave at 9:30 AM



Sign up with the front desk if you are interested in going to the game. Game ticket and trip fee \$20 We will eat at the Ball Park. Dutch treat.

GO WOW!

**Women of Westminster Meeting
Saturday, April 21st 10 AM Ramey Center
We would like to invite all ladies join WOW.
Bring a small snack to share.
New 2018 Officers:
President, Mary Rixse Vice President, Jean Scott
Secretary, Sandra Harris**

Canasta every other Tuesday at 6pm check the Calendar In the Ramey Center All are invited. Call Eileen 532-5505 or Jennye 532-6195





Library News

The library wants to remind you that April is National Poetry Month. Stop by the library and check out some poetry.

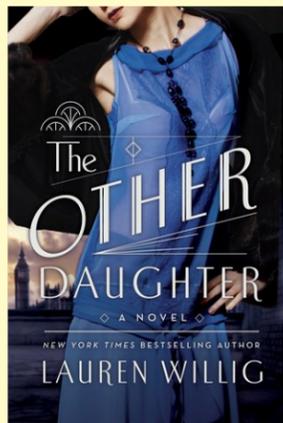
Easter is April 1st. We want to wish everyone happy Easter. Hope you enjoy Easter with family and friends. Come enjoy the Village Library.

Happy Reading from the library volunteers: Doris Marks, John Rixse, Loretta Heard, Eileen Thurman, Beverly Trusky, Donna Clayton, Nancy Frame and Jennye Crihfield .



The Book Club
The Westminster Village Book Club will meet on Wednesday, April 11th at 2 PM in the Ramey Center.

The book to be discussed is "The Other Daughter" by Lauren Willing



The discussion will be led by Virginia Milton. Everyone is invited to attend.

Faith In Action

Faith in Action offers the following services: Light Housekeeping - Respite Care - Local Transportation - Letter Writing - Telephone Reassurance.

If you need a ride you must have an application on file and give 24-hour notice. Please call 532-1501 for more information.

SPECIAL OLYMPICS

AREA 13 SUMMER GAMES
FRIDAY, APRIL 20th
GOSNELL HIGH SCHOOL TRACK
9:30 AM to 1:00 PM
VOLUNTEERS NEEDED...

CONCESSION STAND

FANS IN THE STANDS

Lets make big plans to help with this important local event! Join us at the Gosnell concession stand at 10 AM to help and just show your support!

We need volunteers to help fix hotdogs and hamburgers for the students.

Sign up with the front desk.

Special Olympics



Wednesday Lunch Trips

April 4th Blue Plate

April 11th Patty Ann's

April 18th Dyersburg Grecian and Joanna's

April 25th Kennett Dairy Queen and Aldi's

Remember, you can always find the most current Village Voice in full color online at: <http://www.wmv.org/newsletter>

Happy Birthday

APRIL

April Birthdays

- 6th Donna Dickey
- 8th Gloria Smith
- 10th Beverly Blue
- 12th Donna Clayton
- 12th Loretta Heard
- 15th Annie Campbell
- 22nd Susan Person
- 26th Virginia Reid
- 29th Tom Blue

Employees

Kecia Fuller 13th



BINGO

Birthday & Move-In Anniversary Celebration
Tuesday, April 17th
At 3:00 PM
In the Ramey Center



Morning Exercise with Peggy

Mondays and Thursdays
9 a.m. in the Ramey Center Gym. Bring a bottle of water for hydration.



Stretch & Stress Relief with

Peggy on Mondays & Thursdays at 12 noon. in the Ramey Center Gym.

Don't forget about the 11/12 program. Earn more interest than you can get from the bank! Call the accounting office for more information about this program.

Move-In Anniversaries

Patsy Morrison	20 years
Virginia Milton	11 years
Jim & Debbie Ellis	9 years
Edward Brownlee	8 years
Deborah Patterson	7 years
Joe & Wanda Ivey	5 years
Reba Clower	5 years
Debra Dodson	5 years
Jerome Gardner & Jocelyn Campbell	5 years
Joe & Joyce Johnson	4 years
Jim Elsesser	1 year
Beverly Trusky	1 year

New Residents

Joe & Pamela Scott



Resident Services News

Spring is in the air! Looking forward to April and May has more!

I really want to encourage you to join our relay team to help fight cancer. If everyone helped it would make raising money for the American Cancer Society a special success. You can sign up with the front desk. We have luminary forms for you to use to help with \$5 every time you buy or sell one to someone you know.

Lets give cancer the boot!

Sign up, and get involved with activities and lets go! Looking forward to seeing you.

God bless Westminster Village.

Kendall Berry,



Marketing News



My new Spring project is to go through my Mom's cookbook collection. I thought this would be a simple task, but I soon discovered the random beautiful cursive writing by my mom and my grandmother recipes stuck in between the pages - written on notepaper, recipe cards, on the back of envelopes and notes written in the margins of most of these old cookbooks. A collection of worn and faded, mostly spiral bound cookbooks from little churches all over Central Arkansas around Monroe County that are like old photographs that take you back to people, places and special memories.

I come from very long line of amazing Southern cooks who believed in crispy fried chicken, fluffy biscuits, thick gravy and flaky pie crusts. The stories of my grandmother's cherry pies, lemon meringue pies, coconut cakes and chocolate or peach fried pies are legendary. My grandmother taught me to keep a pot roast, chicken & dumplings or chicken spaghetti ready to go to take to a neighbor who was going through a "rough patch", who was sick, had a death in the family or had a new baby.

I found the recipe card for my grandmother's rum balls. She had worked on and perfected the recipe years ago and never did need the recipe in front of her to prepare the dozens of rum balls that she rolled up between Thanksgiving and Christmas. The recipe card did get a lot of wear and tear each holiday season because she had to take it with her on her annual trip to the liquor store. There was not a liquor store in Clarendon so I had to take her about 25 miles away to Stuttgart. My grandmother made up rum balls as gifts and she would take her list of rum ball recipients along with her handwritten recipe in an envelope to the liquor store and show the multiplication of the 1/4 cup of rum times the number of batches she planned to make. She wanted to make sure the liquor store employees knew that she was only using the rum for cooking and not drinking.

I found the red velvet cake recipe stuck between the pages of the First Presbyterian Church's Cook Book that had a smudge of blue across the page. It was the recipe for red velvet cake that my grandmother had submitted. The recipe asked for a bottle and a half of McCormick red food coloring. I remember back to the Easter when my grandmother allowed me to make what was supposed to be a red velvet sheet cake. I decided to substitute blue food coloring for the red. My grandmother came home to find my blue creation cooling on the kitchen counter but she was not at all impressed with my twist on her recipe - in fact she hid the food coloring way back on the highest shelf in her kitchen after that so I could not go too far away from her recipe again.

Nothing beats a tried and true old fashioned recipe - one that's been handed down from a relative that reminds you of someone special, or immediately takes you back to childhood. Family recipes tell a story. This Easter I am not only going to attempt my mom's lattice topped strawberry rhubarb pie - I am going to taste it...I never would take a bite of this pie because no one could convince me that the rhubarb was not pink celery.

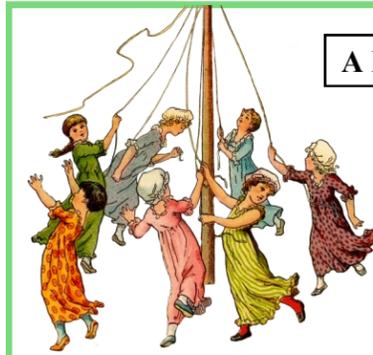


Think about the heirloom recipes in your family and let them take you back to your parent's and grandparent's kitchens and dining rooms. Happy Spring and Happy Easter!

Leslie Acred, Marketing Director

Sign Up Now!
To be on the Village Relay For Life team. Just call the front desk!

Team members donate \$20 to the American Cancer Society to get your Relay for Life t-shirt.



A Free "Resident Funds" Dinner



Village Night Out
May Day Dinner Brunch
Tuesday May 1st in the Ramey Center serving at 5 PM
You must sign up with the front desk.

Menu: eggs, pancakes, bacon, sausage rolls, sausage, toast, fruit waffle bowl and more..

Deadline to sign up Friday, April 27th.

HUNTSVILLE / CHATTANOOGA / NASHVILLE TRIP

2 OVERNIGHT STAYS - One Night Chattanooga One Night Nashville

Thursday, May 3rd - Saturday, May 5th Estimated expenses: Hotel cost \$125 per night. Space Museum/IMAX \$27 Incline \$7.50 Tennessee Aquarium \$30 Jack Daniels Distillery \$14 Grand Ole Opry \$70 Hermitage President's Tour \$25 tours \$174 per person. Hotel double occupancy \$125 per person for 2 nights. Approximate per person trip total \$314 meals not included. Subject to change.

We will leave Thursday at 6 AM to go to the Huntsville Space Museum then travel on to Chattanooga to go up the Lookout Mountain Incline. Then go to our hotel to spend the night. Our day on Friday will start at 9 AM we will have breakfast, then we will go to the Tennessee Aquarium or tour Lookout mountain and go to Lynchburg, TN to tour Jack Daniels Distillery. We will then go to Nashville. We will check into our hotel around 4 PM. We will go to Dinner then to go to the 7 PM Friday Night Grand Ole Opry. On Saturday we will start at 7 AM with breakfast. After breakfast we will go to the Hermitage the home of President Andrew Jackson. The Hermitage opens at 8:30. We could go to lunch at the famous Bar-B-Cutie and then head home. We should be back in Blytheville around 6 PM.

Sign Up!

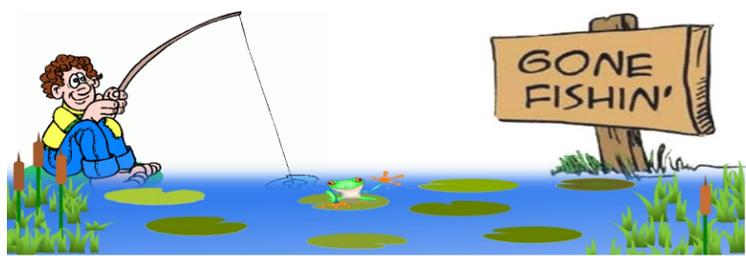


Aquarium stays open until 6 PM We could go to the Aquarium Thursday afternoon. Then go to dinner.

Arkansas Northeastern College Music Department Presents:

For The Love Of Music

Thursday, May 3rd at 7 PM
and Sunday, May 6th at 3 PM
Adams Vines Recital Hall



Lets Go fishin.... Tuesday, May 15th at 8 AM.
You pay for your lunch and the fish you catch.
We will eat at the Dairy Queen after fishin...
Sign up with front desk.

Accounting News



I am looking forward to some warmer weather, as I am sure all of you are too.

Please come see me anytime in the office for all your accounting needs. I love seeing you when you come in, as I do not have the opportunity to see you very much otherwise.

We do offer direct deposit for your rent. Sign up at the office, just bring in a voided check and we will give you a form to fill out and it will be worry free for you from then on. It's just that easy.

Also, don't forget to take advantage of the 11/12 Program we offer to our Westminster Village residents. Prepay your rent for 11 months and the 12th month is FREE. This is a great deal and I enclose this flyer with your statements each month which explains the savings.

Angela Presnell, Accounting Director

Maintenance News

Greetings in our Savior's Name!

Spring is here with all of it's beautiful colors and fresh growth. This also means air conditioning season is slowly approaching. Once the temperatures reach 75 degrees and above, we will begin any necessary maintenance on our AC's. We will begin manicuring our lawns in April. If you have any comments call Tiara she will have Chris Smallwood come visit with you. Be sure to call the office and turn in any work orders as they arise so that we can address all of your needs as quickly as possible.



WMV Note: You can call 532-4116 for any non emergency maintenance call at any time. Just leave a detailed message with your name and phone number. When the office opens the next business day a work order will be made for your non emergency maintenance need.

Remember the help line is there if you have a maintenance emergency after hours call the HELP LINE 532-4357

May each of you come to know the Grace and Peace of our Lord Jesus Christ!

Van Richardson
Environmental Services Director

Administration / Human Resources News

Crafty Ones meet every other Thursday at 2 p.m. at the Craft Hut. During the months of January, February and March we painted pottery, painted a bridge on canvas, created a wreath from wood scraps, made a terra cotta turtle and a wooden cross sign. A special thank you goes to Merrill Frame for making enough pottery pieces for everyone to paint. Mr. Frame also put together our wooden cross signs with the help of Tom Blue. We already have a tentative calendar of crafts set for the rest of 2018. We are prepared to have loads of fun. We hope to see new faces throughout the year to add to those who come regularly.

Statistics show that seniors who remain active are healthier, so take advantage of what Westminster Village has to offer.

Also, spring is just around the corner. Take advantage of the walking trail and fitness stations. The weather is just right to walk off those winter blues.

Cindy Williamson, Administrative Director



Embrace Aging



Since I turn 70 this year aging is on my mind. My daughter once told me to "age gracefully", so that is what I am going to try and do.

I came across this article that hopefully will help me with this process and maybe you will also glean something from these words of advice.

1. Create bonds – Being close to at least one special person or staying in touch with family and friends can help us feel that we matter for what's on the inside instead of the outside.
2. Make an impact – If it means something to you, it's a cause worthy of your support. Making a difference to someone or something gives us a sense of purpose.
3. Respect your body – Accept imperfections and become more open to pleasure and enjoying what our bodies can do instead of what they can't. Stay health, keep doctor appointments and keep an eye out for body changes that could impact our wellness.
4. Create – Have projects or activities that allow you to express yourself and provide a sense of fulfillment. (Painting, writing, building, creative projects—a practice that challenges us and that we enjoy).
5. Stay physically active – Exercise helps up maintain flexibility and balance which helps prevent falls.
6. Stay socially active – Commit to regular social activities such as coffee gatherings, walks with friends, community groups, lunches, playing games, trips with friends, etc. It can also help motivate you and add structure to your day. Share stories – Take pride in experiences and share your perspectives and skills with others. Pass down traditions and help build a legacy with family.

It is easy to fear aging but it is inevitable, so embrace it and the challenges and make the most of the years that lie ahead.

Yours in health (and aging),

Yours in wellness,
Peggy



Thunder Bayou Golf Course is ranked # 4 in the state of Arkansas Call Tony, Van or Ron for more information. 532-2621.

The Advisory Committee : Edith Sellers, Loretta Heard, Jennye Crihfield, Beverly Storey, Ann Campbell, John Rixse Jack and Anita Thompson

Westminster Village Directors

Linda O'Guin	Executive Director
Cindy Williamson	Administrative Director
Leslie Acred	Marketing Director
Kendall Berry	Resident Services Director
Van Richardson	Environmental Services Director
Angela Presnell	Accounting Director
Peggy Kenner	Wellness Nurse

Board Members

Cecil Brown, Judge David Burnett, Tommy Coleman, David King, Bruce Young, Beth Fitzgerald, Helen Milam, Bill Nelson, Roger Oldham, Bob Ramey, Janet Robertson, Bill Sullivan, Glen Whitener, Pastor Mike Wey

President	Pastor Mike Wey
Vice President	Janet Robertson
Secretary /Treasurer	Roger Oldham
Finance Chairman	Bob Ramey

Westminster Village is a 501(c)3 non-profit corporation



5215 Southside Drive
Blytheville, AR 72315
(870) 532-4100

Don't forget about the 11/12 program. Earn more interest than you can get from the bank! Call the accounting office for more information about this program.

Sun Mon Tue Wed Thu Fri Sat

<p>1  Easter Sunday</p>	<p>2 9 AM Exercise Class RC 10 AM Prayer Group Wellness Clinic 10AM - 1:30 PM 12 noon Stretch & Stress Relief -RC 5:30 Tops</p>	<p>3 12 noon Lunch RC Shepherds Pie & Village Beautification Planning Meeting 1 PM Bridge CH 4 PM - Billiards Every Tuesday</p>	<p>4 11 AM Blue Plate Pg 10</p>	<p>5 9 AM Exercise Class RC 10 AM Coffee RC Gosnell EAST 10:30 Wellness Clinic 10 AM - 1 PM 12 noon Stretch & Stress Relief -RC Veterans Affairs Jim Dixon Library 1-4 4PM - Men's Billiards - RC</p>	<p>6 1 PM Bridge RC 5:30 PM Line Dancing RC 6 PM Mexican Train Dominoes RC</p>	<p>7 Dirty Bingo 2:30 PM - RC</p>
<p>8</p>	<p>9 9 AM Exercise Class RC 10 AM Prayer Group Wellness Clinic 10AM - 1:30 PM 12 noon Stretch & Stress Relief -RC 5:30 Tops</p>	<p>10 Deadline to sign up for Southland Park 12 noon Pg 2 1 PM Bridge CH 4 PM - Billiards Every Tuesday 6 PM Canasta RC</p>	<p>11 11 AM Patty Ann's Pg 10 2 PM Book Club RC pg 6</p>	<p>12 9 AM Exercise Class RC 10 AM Coffee RC Charles Moody Wellness Clinic 10 AM - 1 PM 12 noon Stretch & Stress Relief -RC Veterans Affairs Jim Dixon Library 1-4 2 PM Crafty Ones 4PM - Men's Billiards - RC</p>	<p>13 1 PM Bridge RC 5:30 PM Line Dancing RC 6 PM Mexican Train Dominoes RC</p>	<p>14</p>
<p>15</p>	<p>16  9:30 AM Memphis Redbirds Game Pg 11 9 AM Exercise Class RC 10 AM Prayer Group Wellness Clinic 10AM - 1:30 PM 12 noon Stretch & Stress Relief -RC 5:30 Tops</p>	<p>17  1 PM Bridge CH 1 PM Advisory Meeting RC 3 PM Birthday & Move-in Bingo Party RC - pg 3 4 PM - Billiards Every Tuesday</p>	<p>18 11 AM Grecian & Joanna's Dyersburg Pg 10</p>	<p>19 9 AM Exercise Class RC 10 AM Coffee RC Kendra - BUNCO Wellness Clinic 10 AM - 1 PM 12 noon Stretch & Stress Relief -RC Veterans Affairs Jim Dixon Library 1-4 4PM - Men's Billiards - RC</p>	<p>20 Special Olympics 10 AM  Pg 10</p> <p>1 PM Bridge RC 5:30 PM Line Dancing RC 6 PM Mexican Train Dominoes RC</p>	<p>21 10 AM WOW Meeting RC Dirty Bingo 2:30 PM - RC</p>
<p>22</p>	<p>23 9 AM Exercise Class RC 10 AM Prayer Group Wellness Clinic 10AM - 1:30 PM 12 noon Stretch & Stress Relief -RC 5:30 Tops</p>	<p>24 9 AM Southland Park Casino Pg 2 1 PM Bridge CH 4 PM - Billiards Every Tuesday 6 PM Canasta RC</p>	<p>25 9 AM Green Thumb RC Pg 2 11 AM Dairy Queen & Aldi's Kennett, MO Pg 10</p>	<p>26 9 AM Exercise Class RC 10 AM Coffee RC Relay for Life Wellness Clinic 10 AM - 1 PM 12 noon Stretch & Stress Relief -RC Veterans Affairs Jim Dixon Library 1-4 2 PM Crafty Ones 4PM - Men's Billiards - RC</p>	<p>27 1 PM Bridge RC 5:30 PM Line Dancing RC 6 PM Mexican Train Dominoes RC</p>	<p>28 Spring Clean Up 8 a.m. RC pg 2 TOPS Regional Meeting 9:30 AM to 2 PM RC</p>
<p>29</p>	<p>30 9 AM Exercise Class RC 10 AM Prayer Group Wellness Clinic 10AM - 1:30 PM 12 noon Stretch & Stress Relief -RC 5:30 Tops</p>				<p>ANC - Arkansas Northeastern College CH - Craft Hut RC - Ramey Center</p>	