

# THE VILLAGE VOICE

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*God Bless America! Land that I love!  
Now that I have that tune in your head, lets'  
talk Independence Day!*

Did you know that:

- The liberty bell was tapped 13 times in honor of the 13 colonies.
- Massachusetts was the first state to make the 4<sup>th</sup> of July an official state holiday.
- There are 27 different versions of the U.S. Flag
- Former president Barack Obama's older daughter was born on the 4<sup>th</sup> of July.
- Apple pie has been a staple American dessert since 1700's.
- Bristol Rhode Island has the longest running July 4<sup>th</sup> parade.
- Independence day was celebrated on July 5<sup>th</sup> because in 1779 it fell on a Sunday
- Three US presidents died on the 4<sup>th</sup> of July, They were James Monroe, John Adams and Thomas Jefferson.
- The 50th star was added to the American flag on July 4<sup>th</sup>, 1960. It was Hawaii
- One U.S. President was born on the 4<sup>th</sup>, Our 30<sup>th</sup> President, Calvin Coolidge. He was born July 4, 1872.

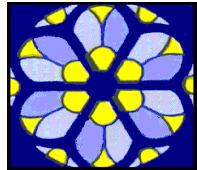
So there you are! 10 fun facts about the 4<sup>th</sup> of July that you maybe didn't know!

Thank you to all who showed up to show your support Doris and Fannie Ruth on their dedication day for the Doris Marks Village Library and the Fannie Ruth White Elephant! A big thank you to Cindy for the delicious homemade lemonade and to Leslie for getting it all together and popping all that popcorn for the popcorn bar, the décor was amazing as always too. Also, Leona baked a wonderful cake that did not disappoint! I am hoping I didn't leave anyone out. We all come together as a supportive group for one another!

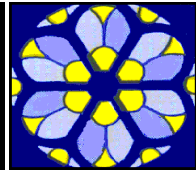
*Congratulations to ALL of the door prize winners! A couple winners got a little bit off their rent and some got gift cards to different restaurants!*

We appreciated so much that Fannie Ruth's Sister Carolyn and Niece Teresa came to honor her! They said they had so much fun with the event and that we would definitely come back to visit! Such sweet ladies, and it was good to see Sharon again supporting her mom as always. We are excited to spend the 4<sup>th</sup> with you this year! As we celebrate this year, we for sure want to keep Bill and Peggy Kenner in our prayers along with their family and closest friends. Wishing you all a Happy 4<sup>th</sup> of July!!!

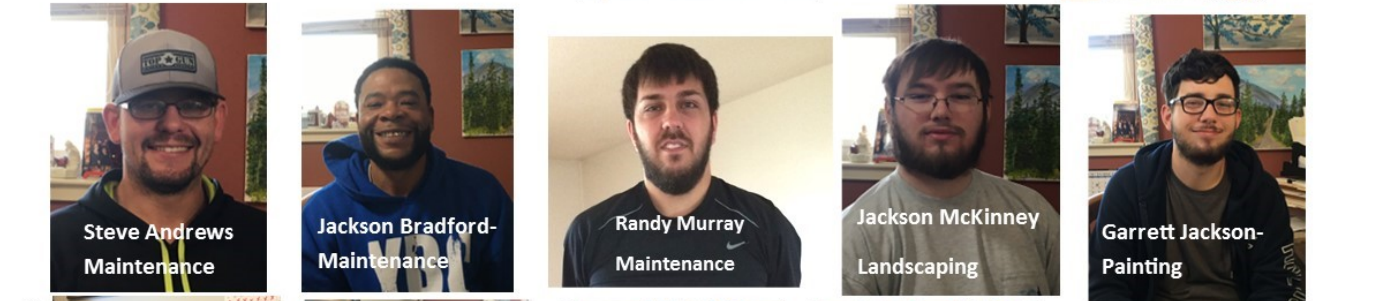
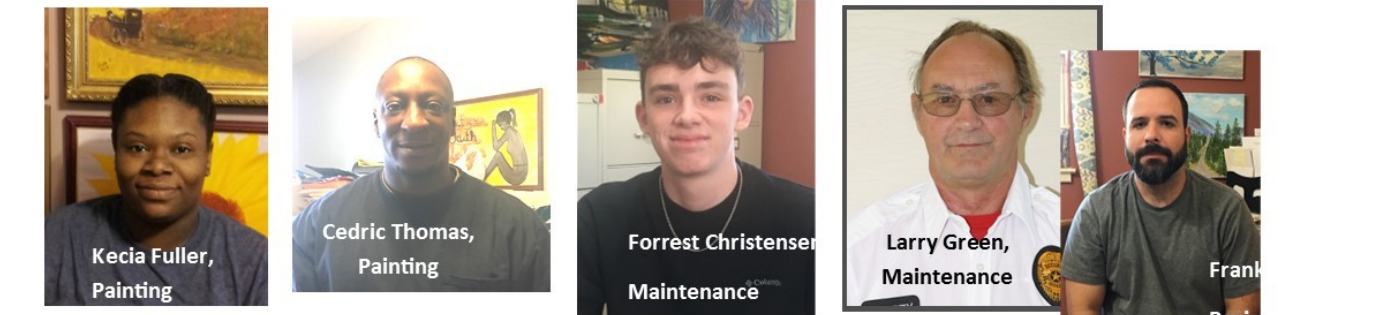
Sincerely,  
Tammy Swanson  
Executive Director



**Our Mission Statement**  
Westminster Village is committed to providing an environment that encourages and enables our residents to enjoy life to the maximum of their capabilities in a relaxed atmosphere of security, comfort and dignity.



# Maintenance Department

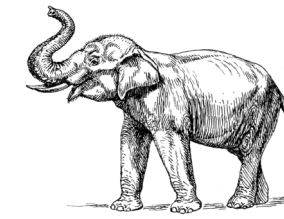


# Security



# Neighborhood Watch

## The White Elephant



We would like to invite you all current and all new residents to visit us at the White Elephant. We are open to the public as well, so be sure to bring your family and friends. We have a Facebook page where we post our specials, hours and sometimes feature items for sale. Our Facebook page is the W with a circle around it. We would love to have you like and follow us through messenger also. We have received several donations and are always looking for donations. The money we earn goes towards the residents fund as well as partnering with the Haven when needed.

**Summer hours:  
Friday & Saturday 10 to 3**

**July 4th Fireworks at the Blytheville Sports Plex at dusk.**  
Provided by the Blytheville Chamber of Commerce

Neighborhood Watch wants to wish everyone a safe summer season. This is the time of year that we make sure that if we have older neighbors that we check on them to see if they are cool and they are hydrating, and make sure that you are hydrating also.

This is also the time of year that teenagers like to cause a little mischief. We have had where they like to bang on doors and run, or even ring door bells. If this happens call the help line 870-623-4119. You should add this number to your phone contacts.

There are several things that you can do to make it safer for yourself.

- Carport, front porch and backdoor lights should be on all the time. Just because you have a street light by your house that does not give you the lighted security you need.
- Always make sure of your surroundings when you are getting in or out of your car. Ladies if you are coming home late from shopping and don't feel comfortable going to your door alone. Again, you can call the help line 870-623-4119, and Security will meet you at your home and make sure you get in safely.
- DO not leave your car doors unlocked. Also do not leave anything valuable in your car, (i.e.) money, laptops, purses.
- As we all know there are children now on the Westminster side of the Village. It is all of our responsibility to watch out for children as we are driving in the village.

There is a saying "It takes a village" this is very true especially here at Westminster, That is what I love about Westminster, friends, neighbors, look out for you make sure that you are ok. Our security staff are amazing. Once again have a safe summer, Happy 4<sup>th</sup> of July. (Fireworks not allowed).

Neighborhood Watch Captain

Mary Dyer



### Morning Exercise

Mondays and Thursdays

9 a.m. in the Ramey Center Gym. Bring a bottle of water for hydration.



### Book Club

Come to the Book Club at the Doris Marks Village Library. Wednesday, July 12th at 2PM Poppy Redfern and the FATAL FLYERS by Tessa Arlen will be the book we are discussing.

### Water Aerobics

Mondays & Thursdays at 11:30 AM in at the swimming pool.

Wellness Clinic 10 - 11:15 AM  
11:30 Water Aerobics



Sip and Paint has been so much fun. We had 16 budding artists come out for the last one. Below an art show for our residents.



# HAPPY BIRTHDAY

## JULY

- 1st Al Tate
- 4th Sheryl Tomlinson
- 8th Gloria Jean Williams
- 10th Wolfgang Porter
- 11th Johnnie Mizer
- 13th Katie Davenport
- 13th Helen Walker
- 21st Randy Nichols
- 26th Fontella Falls
- 28th Pearl Valentine
- 30th Gary Walker
- 31st Bonita Lester
- 31st Leroy Tate

Employees  
28th Butch Sanders

# Move In Anniversaries

Bob Boney	21 Years
Diane Somers	20 Years
Doris Marks	19 Years
Johnnie Mizer	12 Years
Karin Swanson	10 Years
Dorothy Keane	5 Years
Harold Sudbury	5 Years
Arthur & Pearl Arnold	4 Years
Peggy Brown & Jason Brown	3 Years
Tony & Shirley Coleman	3 Years
Retha Turner & Tracey David	2 Years

# New Residents

**Eva Henderson**  
**Michael & Cheryl Lysell**  
**Mary Williams**



**Birthday & Move-In Anniversary**  
**BINGO**  
**Thursday July 18th**  
**At 3:00 pm**  
**Ramey Center**

Remember, you can always find the most current Village Voice in full color online at:  
<http://www.wmv.org/services.htm>

## Veterans Happy Hour

4-6 PM / July 7  
Ramey Center

Come join us for Veterans Happy Hour!!  
Get to meet David Webb, and hear him play the piano. Snacks will be provided along with the drink of the month Watermelon Sangria! We hope to see you there. Sign up with the front desk.

### Administrative News Stay Tuned

We got the grant! One million dollars! We can finally start working on what we've been talking about since the day I started working here. It has taken years of hard work and diligence to reach this goal. Tammy and I went to Little Rock on June 6th and officially accepted the reward check. We didn't actually get to carry a million dollar check in our purse but we did get a publishers clearing house check to bring back. It's located in the front office for all to see. The actual funds will be released October 1, 2023. We will then run an ad in the newspaper for contractors to bid for the job. We've been told we may see actual work being done the early part of 2024. Cross your fingers. We are ready. There will be houses abated by being demolished and there will be houses abated to bring back into inventory. It has taken a team to get here and we express many thanks for all of your patience.

Cindy Williamson  
Administrative Director



### Accounting News

The accounting office is running smoothly. Everyone make sure to keep cool this summer and check on your neighbors and friends, have a glass of fresh squeezed lemonade or sweet tea.

Remember that we offer direct deposit for your rent. Sign up at the office, just bring in a voided check and we will give you a form to fill out and it will be worry free for you from then on. It's just that easy.

Also don't forget we offer the 11/12 Program to our Westminster Village residents. Prepay your rent for 11 months and the 12th month is FREE. This is a great deal.

Statements are now e-statements. If you want your statement emailed call the office and give us your email address. For those who are having trouble opening the e-statement attachment, take a look at your settings. The office may be able to help you also.

Please do not hesitate to call me if you have a question or concern, if I can't answer or help you I will definitely get someone who can. I am always glad to hear from you. This is the only time I get to hear from some of you unless I happen to see you at one of our events.

Please know that each and every one of you are important to us here in the office.

Angela Hollins  
Accounting Director

### Environmental Services News

Summer is here! Which means our air conditioners are running. Our goal is to keep you as comfortable as we can while trying to help you conserve electricity. Please keep in mind that our cooling systems can only be expected to reduce your indoor temperature approximately 20 degrees below the outside temperature. We will make every effort to keep the units clean and well-functioning as well as keeping the filters changed.

Our landscape crew is also having a busy season. Should you have any landscaping concerns, please contact the office. As always feel free to contact the office or help line to address any maintenance concerns.

Butch Sanders  
Environmental Services Director



### Marketing News Peggy's Tribe

I first met Peggy Kenner a few months after my Dad passed away with pancreatic cancer in 2008. My Mom continued to live here and I would drive over for Memphis every weekend. In 2011 my Mom had a stroke and I stayed here while she was going through physical therapy. Peggy would call often and check in on my Mom and on me. After I started working here in 2012, Peggy cheered me on and got me through some rough days as I cared for my Mom after a second stroke and breast cancer.

I learned very quickly the things that mattered the most to Peggy - her faith, family, and friends. Peggy prayed with me and for me. She talked so often of her daughters, Suzanne and Jennifer, and how proud she was of them and their families. Peggy would share all the things that were going on with her grandchildren and their plans to go visit or go to a Razorback game. To round out her "tribe" she has the faithful members of her exercise class. She has provided a place to recharge and refresh so many bodies, minds and spirits over the last 15 years at Westminster Village. Peggy would reach out to residents by making a reassuring phone call or visit and make them feel cared for and nourish their soul.

Friends can turn an ordinary day into a day that sparkles with adventure. God knows we need kindred soul friends to enrich our lives and cheer you on, to awaken and inspire our deepest dreams and purpose. He knows our joy is doubled when shared, and that our souls are healthier with the love and support of our friends.

Peggy continues to touch countless lives and I am deeply blessed to be one of them. Please keep our Peggy and her family close in your heart and in your prayers.

Leslie Acred,  
Marketing Director



# JULY CELEBRATION

## 247 YEARS OF INDEPENDENCE

### 11 AM ON TUESDAY, JULY 4TH

### IN THE RAMEY CENTER

### BBQ RIBS AND CHOPPED BBQ

### SANDWICHES - WITH SLAW - BAKED BEANS -

### CHIPS - WATERMELON

*PROVIDED BY RESIDENT FUNDS  
& RESIDENT SERVICES*



**We're Having a COOKOUT!**  
Hamburger and Hotdog cookout with the staff.  
July 19th come join the staff for lunch at the Ramey Center at 12 noon.

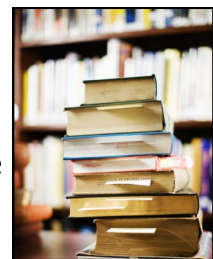


### Southland Greyhound Park

Tuesday, July 25th 9:00 AM  
Sign up with the front desk by Monday, July 24th.  
We can eat there or go some where in Memphis.  
Sign Up!

## LIBRARY

It is hot outside come to the library and enjoy one of our cool books. We have several new paper back and hard back book in.



**Library volunteers:** Doris Marks, Loretta Heard, Susan Person, Donna Clayton, Nancy Frame, Dottie Keane

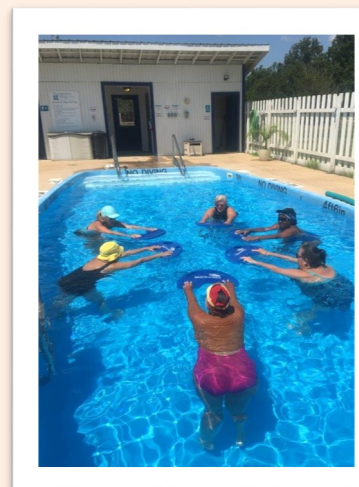
## Benefits of Water Aerobics

1. Increases Strength helping prevent muscle loss.
2. Improves Heart health, improving circulation and can lower blood pressure.
3. Reduces risk for osteoporosis by enhancing bone density.
4. Improves flexibility including neck, back, leg and arm. Increased range of motion results in looser joints which helps prevent injuries.
5. Improves mental health. Swimming can decrease stress levels and increase the production of endorphins resulting in increased happiness.
6. Reduces the risk of falls. Balance and coordination are improved resulting in decreased falls.

Come swim at the pool every Monday and Thursday at 11:30. We have lots of fun and laughter while improving our health.

Hope to see you at the pool!!

Yours in Wellness,  
Peggy Kenner



**Thunder Bayou Golf Course** is ranked # 4 in the state of Arkansas Call for more information. 532-2621.

### Westminster Village Directors

Tammy Swanson	Executive Director
Cindy Williamson	Administrative
Leslie Acred	Marketing
Kendall Berry	Resident Services
Butch Sanders	Environmental Services
Angela Hollins	Accounting
Peggy Kenner	Wellness Nurse
Ally Swanson	Wellness Nurse

### Board Members

Jeremy Bennett, Billy Curl, Beth Fitzgerald, Tom Henry, David King, Roger Oldham, Janet Robertson, Victoria Sierra, Bill Sullivan, Gary Swain

### Board of Directors

President	Janet Robertson
Vice President	Beth Fitzgerald
Secretary/Treasurer	Roger Oldham

Westminster Village is a 501(c)3 non-profit corporation

### Faith In Action

Faith in Action offers the following services:  
Light Housekeeping - Respite Care - Local Transportation  
- Letter Writing - Telephone Reassurance.

If you need a ride you must have an application on file and give 24-hour notice. Please call 532-1501 for more information.

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# July 2023 Village Voice

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>CH = Craft Hut RC = Ramey Center VP = Village Pool VO = Village Office VL = Village Library</p>						1
2	3 9 AM Exercise Class RC 11: 30 Water Aerobics	<p>4 Office Closed </p> <p>11 AM IN THE RAMEY CENTER BBQ RIBS AND CHOPPED BBQ SANDWICHES, WITH SLAW, BAKED BEANS &amp; CHIPS PG. 8</p>	5	6 9 AM Exercise Class RC 10 AM Coffee Bring Show & Tell	7 Veteran's Happy Hour 4 PM @ the RC. Sign up! PG. 3  Mexican Train Dominoes @6PM in the RC	8
9	10 9 AM Exercise Class RC 11: 30 Water Aerobics	11  2 PM Advisory Meeting RC	12 2 PM Book Club PG.10	13 9 AM Exercise Class RC 10 AM Coffee Social Coffee  Crafty ones @2PM CH	14  Mexican Train Dominoes @6PM in the RC	15
16	17 9 AM Exercise Class RC 11: 30 Water Aerobics	18 3:00 Birthday Move In BINGO Party - RC pg3 	19 Hamburgers and Hot Dogs cookout at the RC @12PM sign up! PG. 8	20 9 AM Exercise Class RC 10 AM Coffee BUNCO!!	21  Mexican Train Dominoes @6PM in the RC	22
23	24 9 AM Exercise Class RC 11: 30 Water Aerobics	25 Southland Park at 9AM PG. 8	26	27 9 AM Exercise Class RC 10 AM Coffee Pictionary with Cindy!  Crafty ones @2PM CH	28  Mexican Train Dominoes @6PM in the RC	29
30	31 9 AM Exercise Class RC 11: 30 Water Aerobics	August 1	August 2	August 3	August 4 11 AM Hog Pen Osceola Sign Up!  Mexican Train Dominoes @6PM in the RC	