Page 8

**April Flash Back Photos** 

## THE VILLAGE VOICE

## THE VILLAGE VOICE





A special thank you to all the volunteers for the Special Olympics at the Gosnell High School.

Thank you, Gary Walker, Art Prince, Sandra Harris, Tom and Sammie Hayes.

We cooked a bunch of hotdogs and burgers. They were all nicely wrapped and bagged for the students.





We will have a few changes in our Senior Olympic program this year. We plan to have it in October this year due to low participation for this spring. I understand that everyone has a little something going on and some will be out of town. We only strive to do the best for you as always!

I'm sure that you are noticing improvements we are trying to make on the property. We are still awaiting an answer on the grant. We have had someone different write it this year with hopes of getting a better result. We ask you for your prayers and well wishes that we receive the grant this year. One of the improvements we are making is at the Ramey Center. We are giving a little facelift to the Ramey center to keep it enjoyable for you and always fresh. We will also begin working on the leaks that are going on in the Ramey. We went with a costal palette to keep it relaxing. I've added a few things to the Ramey center too and there will be more to come. There are two record players there. One in the coffee room the other in the living room. I will get the karaoke stuff together and instructions on how to do it and have that set up all the time so when you want to sing, you can do so anytime you want to. We will also be hanging the dartboard this month in the game room. Paint and Sip with Cindy was a hit and looks like we will have another one in June. We have some improvements to make to the bathrooms as well. The advisory committee has approved to hang bars in the stalls to make getting off the stools easier. If you have not been to a happy hour yet, please do not hesitate! We have the best time. Our next one will be on Cinco de Mayo May 5<sup>th</sup> from 4pm to 6pm! So of course we will have margarita's! I'm thinking that I would love to have David Webb back for an encore performance for those of you who missed him last time. He is absolutely AMAZING! Please as with any event, make sure to call the office and sign up so I will know how many margarita's to make! We still have some plumbing work to do around the property as well as roof installs to do. Please know that we are doing this work in order of severity. We have triaged the plumbing from worst to best, as well as the roofs. The repairs will be painful at times and uncomfortable. Your lawn will be dug up in places and will need to be restored after, but when it's done you will be pleased. It's necessary to have the work done.

We have been playing around with placement of the speed bumps on Village to better accommodate everyone. If you have any suggestions, I would love to hear them. I have an open door policy to anything you would like to discuss, ask or tell me. I understand that some have asked about the new/used vehicles that we have for security and maintenance. The answer is, we had to get new vehicles. We drive and use our vehicles here until they just won't move any longer. We have 24/7 security for your safety and both vehicles unfortunately died at the same time. No big conspiracy. They just were not worth the thousands of dollars it would have cost to keep them running. Anything we do at the Village, we do with each and every one of you in mind and we are always open to suggestions.

I would like to say Happy Mother's day to all of our mommas on the Village and Happy Heavenly Mother's Day to all that have passed on. Tammy Swanson,

**Executive Director** 



Westminster Village is committed to providing an environment that encourages and enables our residents to enjoy life to the maximum of their capabilities in a relaxed atmosphere of security, comfort and dignity.

#### Tammy Talk

#### **Our Mission Statement**





with Princess Leia Buns Chewbacca Chips & Dips Vader Ade - Yoda Soda Star Wars Cupcakes



Arkansas Northeastern College Community Choir Presents Singin' Bout A Peace

6:30 Tuesday, May 2 In the Sullins Administration Building.

The Village Bus will leave the Ramey Center 6 PM Sign Up! Let us know if you need to be picked up.



Lets plan to go to a Redbirds Game Wednesday, May 17th Game starts at 12 noon Redbirds vs Stripers

Leave at 10:30 am Sign Up! \$20.00 a ticket Bring \$20 to the office to purchase your ticket.



Cream Social Come join us in the Ramey Center Thursday, June 11th at 3 p.m. for some good ole ice cream, banana splits, root beer floats and fun conversation. Sign Up!



Lions Club glasses box is at the front desk. Donate your old glasses to help others see.



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3rd Tom Hayes 9th Brenda Maharaj 10th Andre Holmes 10th Wanda Wattle 23rd Dessie Lipford 24th Judith Brandon 24th Connie Bromley 26th Sherry Anderson 26th Paul Crump 26th Vickie Henderson 29th Brad White 31st Elma Wallace Employees 17th Larry Green 28th Julius Snead

#### Move In Anniversaries

Sue Forrester	23 Years
Kenneth Kraft	14 Years
Annie Campbell	13 Years
Charles & Dessie Lipford	7 Years
Phyllis McClendon	7 Years
Theoda & Elma Hampton	5 Years
Diann Jones	5 Years
Billy Smith	4 Years
Melchelle Wagner & Lorene McMillen	4 Years
Carealine Tuggle Armstrong	3 Years
Alma Gahie	3 Years
Bonita Lester	3 Years
Andrea Holmes	3 Years
Elvis Williams	2 Years
Curtis & Carolyn Belford	1 Year
Vickie Henderson	1 Year
Laura Kelley	1 Year
Roger & Laura Martin	1 Year

#### **New Residents**

Nola King Michael & Teresa Price Page 7



**Thunder Bayou Golf Course** is ranked # 4 in the state of Arkansas Call Tony, Van or Ron for more information. 532-2621.

**The Advisory Committee**: Loretta Heard, Helen Walker, Annie Campbell, Gary Walker, Tommy Hayes, Vicki Schrimsher, and Patty Guttridge.

#### Westminster Village Directors

Tammy Swanson Cindy Williamson Leslie Acred Kendall Berry Butch Sanders Angela Hollins Peggy Kenner Ally Swanson Executive Director Administrative Marketing Resident Services Environmental Services Accounting Wellness Nurse Wellness Nurse

Board Members Beth Fitzgerald, Tom Henry, David King, Roger Oldham, Janet Robertson, Bill Sullivan, Glen Whitener

### Board of DirectorsPresidentJanet RobertsonVice PresidentSecretary/TreasurerSecretary/TreasurerRoger Oldham

#### Westminster Village is a 501(c)3 non-profit corporation



(870) 532-4100

Don't forget about the 11/12 program. Earn more interest than you can get from the bank! Call the accounting office for more information about this program.



attendant..

Happy Mothers Day from your library volunteers. We need volunteer attendants at the library for 2 hour per shift.

**Contact Loretta Heard if** 

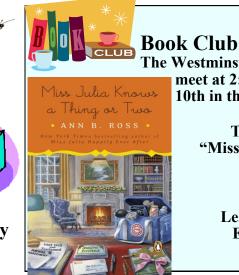
want to volunteer to be an

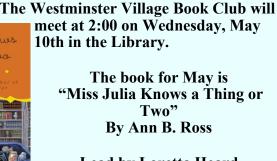


There are many new books in the library. Come check out one. There are many books waiting just for you.

Happy Reading from the library volunteers Doris Marks, Loretta Heard, Donna Clayton, Nancy Frame, Susan Person and Dottie Kean

Morning Exercise with Peggy in the Ramey Center Gym Mondays and Thursdays 9 AM Exercise 0 AM Office/Wellness Clinic 11 AM Toning tables 11 AM Stretch and Strength Class Bring a bottle of water for hydration.





Lead by Loretta Heard **Everyone is invited.** Come join us!



Water Aerobics **Starts Monday**, 11:45 AM **Mondays & Thursdays** June 5th - August 28th

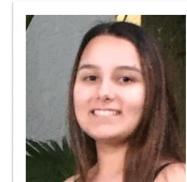
If water is too cold or bad weather we will have Exercise 9 am in the **Ramey Center.** 

**10 AM Wellness Clinic - Office Mondays and Thursdays** 



**Faith In Action** Faith in Action offers the following services: Light Housekeeping - Respite Care - Local Transportation - Letter Writing - Telephone Reassurance. If you need a ride you must have an application on file and give 24-hour notice. Please call 532-1501 for more information.

#### Page 3 Special Music at Thursday 10 am Coffees, May 11th and 25th



Isabela Tenorio will be singing for us on May 11th 10 AM.





Lets watch the weather and plan to go see the Redbirds in June on Sunday the 11th. Game starts at 2 PM. **\$20.00 a ticket** We will leave at 12:30

Sign up with the front desk if you are interested in going to the game. Game ticket \$20

We will eat at the Ball Park. Cash Only in the Ball Park. Clear purses....

Deadline to Sign Up is Thursday, May 12th so we can sit together.



Tai'Mhariya Allen will be singing for us on May 25th 10 AM.

Thank you, **Carney Funeral Home.** 

Friday, June 9th at 8 AM. We will eat at the Kennett Dairy Queen after we go fishin... You pay for your lunch and the fish you catch. Sign up with front desk.

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sun t	22 22 Village Library Attendant 1 to 3	<b>DESCRIPTION</b> DESCRIPTION OF THE	B VIIIage Library Attendant 8 to 10	<b>The Contract of the second se</b>		White Elephant 11 to 3
ANC - Arkansas Northeastern College RC - Ramey Center CH - Craft Hut VL– Village Library	1 9 AM Exercise RC 10:00 Office/Wellness Clinic 11:00 Toning tables RC 11:45 Stretch and Strength Class 5 Pm Tops	2 6:30 ANC Choir Concert Sullins Admin Bldg Bus will leave at 6 PM Sign Up	Star Wars Lunch Hot Hoth Dogs 12 Noon RC Sign Up!	11:00 Toning tables RC 11:45 Stretch and Strength Class 2 PM Crafty Ones Craft Hut	5 11 AM Lunch Cinco De Mayo Blytheville Sign Up! Sign Up 4 - 6 Veterans Happy Hour RC 6 PM Mexican Train Dominoes RC	
7	8 9 AM Exercise RC 10:00 Office/Wellness Clinic 11:00 Toning tables RC 11:45 Stretch and Strength Class 5 Pm Tops	9 1:30 PM Advisory Meeting RC	10 11:30 Great Wall Sign Up! 2 PM Book Club VL	11 10 AMC Coffee RC Susan Myers - Carney Funeral Home Special Music pg 3 9 AM Exercise RC 10:00 Office/Wellness Clinic 11:00 Toning tables RC 11:45 Stretch and Strength Class 3 PM Ice Cream Social RC	<b>12</b> 6 PM Mexican Train Dominoes RC	13
14 Happy Mothers Day!	<ul> <li>15</li> <li>9 AM Exercise RC</li> <li>10:00 Office/Wellness Clinic</li> <li>11:00 Toning tables RC</li> <li>11:45 Stretch and Strength Class</li> <li>5 Pm Tops</li> </ul>	16 11:15 Mae's Grill Sign up! 3 PM Birthday & Move-in Bingo Party RC - pg 3	🔰 🧨 🎍 10:30 Game starts	1810 AM Coffee RC Activity Meeting9 AM Exercise RC 10:00 Office/Wellness Clinic 11:00 Toning tables RC 11:45 Stretch and Strength Class2 PM Crafty Ones Craft Hut	<ul> <li>19</li> <li>10:30 Lazzari's &amp; Movie Jonesboro Sign Up!</li> <li>6 PM Mexican Train Dominoes RC</li> </ul>	20
21	<ul> <li>9 AM Exercise RC 10:00 Office/Wellness Clinic 11:00 Toning tables RC 11:45 Stretch and Strength Class</li> <li>11:30 Blytheville Grecian Sign Up!</li> <li>5 Pm Tops</li> </ul>	23	24	25 10 AM Coffee RC Susan Myers - Carney Funeral Home Special Music pg 3 9 AM Exercise RC 10:00 Office/Wellness Clinic 11:00 Toning tables RC 11:45 Stretch and Strength Class	<b>26</b> 6 PM Mexican Train Dominoes RC	27 Swimming Pool Opens
28	29 Office Closed for Memorial Day	30	31 11:00 Hog Pen Sign Up!	JUNE         1st       10 AM Coffee RC         Social Coffee         9 AM Exercise RC         10:00 Office/Wellness Clinic         11:00 Toning tables RC         11:45 Stretch and Strength Class         2 PM Crafty Ones Craft Hut	2	3

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# **2022 POOL SCHEDULE** Westminster Village Pool **NEW HOURS!**

The rules have been established to ensure the safety of all residents, guests, and staff. All residents must sign pool sign in sheet. Guests must have resident with them at all times. No SouthPointe Residents allowed. No lifeguard on duty. Do not swim alone.

All persons using this pool do so at their own risk. Westminster Village is not responsible for accidents or injury. No smoking allowed

[		•		•	
	Sunday	All Swim 7 a.m. – 7:00 p.m.		8 p.m. Closed for Maintenance	/eather.
5 5	Saturday		All Swim 7 a.m. – 10 p.m.		rmitting. ancelled due to bad w
	Friday	All Swim 7 a.m. – 5:00 p.m.		Adults Only 5 p.m. – 10 p.m.	Immer weather pe ater aerobics may be c
4	Thursday	All Swim 7 a.m. – 11:00 a.m.	Westminster Water Aerobics with Peggy Adults Only 11:30 AM	Adults Only 1 p.m. – 10 p.m.	scheduled for the summer weather permitting. e sign up with Peggy. Water aerobics may be cancelled due to bad weather.
0	Wednesday		All Swim 7 a.m. – 10 p.m.		Water Aerobics are s n Water Aerobics, please
/	Tuesday		All Swim 7 a.m. – 10 p.m.		Water Aerobics are           If you are interested in Water Aerobics, please
	Monday Closed for	Maintenance Until 11:30 a.m.	Westminster Water Aerobics with Peggy Adults Only 11:30 AM	All Swim 1 p.m. – 10 p.m.	J

Lightning's behavior is random and unpredictable. We recommend a very conservative attitude towards it. Preparedness and quick responses are the best defenses towards the lightning hazard. Swimming pools are connected to a much larger surface area via underground water pipes, gas lines, electric and telephone wiring, etc. Lightning strikes to the ground anywhere on this metallic network may induce shocks elsewhere. The National Lightning Safety Institute recommends the following swimming pool safety slogan:

# "If you can see it, flee it; if you can hear it, clear it. Pool activities should remain suspended until thirty minutes after the last thunder is heard.

Updated 5/2/2022





# **POOL RULES**

These rules have been established to ensure the safety of all residents, guests, and staff. 1. All residents must sign themselves and their guests in on the sign in log when arriving at the pool and sign out when leaving the

- pool.

- Never leave the pool door propped open. Do not swim alone. If it is necessary to remove the rope from the wall, please place back in pool when leaving. No lifeguard on duty. All persons using the swimming pool do so at their own risk. Westminster Village is not responsible for accidents or injury.
- No running.
- No diving.
- No skinny-dipping. No smoking. No pets allowed. No class containers : No horseplay.

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12.	No glass containers permitted.
13.	No alcoholic beverages allowed at the pool before 5 pm weekdays and 2 pm on weekends, no exceptions.
14.	Due to the smell and attraction of insects especially wasps, residents consuming alcoholic beverages are asked to take all cans or
	plastic containers with them when they leave the pool area each time they visit.
15.	Unnecessary noise is not permitted at any time. Be courteous and thoughtful while using the pool and pool area.
16.	All residents and guest are responsible for picking up after themselves.
17.	Management reserves the right to deny use of the pool to anyone at any time for any reason. Residents that are denied access to
	the pool will forfeit their Ramey Center/Pool key.
18.	Do not give your key to anyone for use. Abuse of this policy will result in pool key being confiscated.
19.	Limit of 17 people in the pool at any given time, due to limitations of the pool NO EXCEPTIONS.
20.	Pool is for Westminster Village residents and invited guests only!
21.	Southpointe residents do not have pool privileges unless SouthPointe residents are guests of Westminster Village residents.
	Southpointe residents signed a document at move in acknowledging they do not have access to the swimming pool. The
	swimming pool is for 55 and older residents. Westminster Village residents must help us enforce our Southpointe restrictions.
	If we allow some Southpointe residents access, this will make an uncomfortable situation for the other Southpointe residents.
22.	Guests must be accompanied by a resident at all times. One guest per resident per time. Guests must be 21 years of age and
	older.
23.	Resident guests must be willing to give <b>PRIORTY</b> usage to WMV Residents.
24.	Employees are allowed to use the pool as a gift from the residents, and must observe all rules and follow handbooks rules regarding the pool.
	Updated 5/2/2022

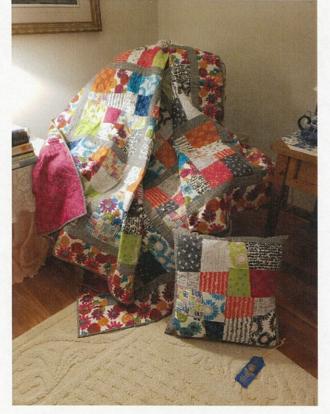
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of NEA, Inc. Quilt & Pillow Raffle

Award Winning Quilt & Pillow set "Essjay's Urban Garden"

73" x 73" donated by S. Harris



\$5 each or \$20 for **5** tickets



Drawing will be held on May 13, 2023 at Blytheville MayFest. Need not be present to win. Winner will be contacted by phone. 870-838-8288 www.thehavenofneainc.org

## HEALTH WELLNESS EVENT

Join us for at the Gosnell **Community Center this** month for a health event hosted by the City of Gosnell.

#### **EVENT INCLUDES:**

- BP Checks
- Depression/Anxiety Screening
- Anemia Screening
- Glucose Screening
- Colon Screening

#### **MORE INFORMATION:**



AMILYHA

St. ) ernards

May 5th,2023 | 10 AM - 1 PM

201 S. Air Base Hwy Gosnell, AR 72315

870-410-0012 | Loretta Hodge

WWW.EAFHC.ORG





Hemoglobin A1C

- Lipid Panel
- HIV Testing (EAFHC)
- COVID Vaccines (EAFHC)