

THE VILLAGE VOICE

Flashback photos of September



THE VILLAGE VOICE



Tammy Talk



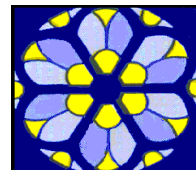
Happy Fall



Y'all

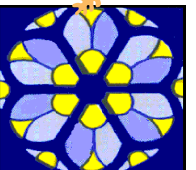
Sincerely,
Tammy Swanson, Executive Director

Fall



Our Mission Statement

Westminster Village is committed to providing an environment that encourages and enables our residents to enjoy life to the maximum of their capabilities in a relaxed atmosphere of security, comfort and dignity.





Cornbread Ham & Bean Soup Sign Up!
Wednesday, November 15th 12:30 PM Sign Up!



November Fall Colors Country Roads to Halls, Tennessee.
We will have lunch Devine Tea Room & visit Charlene's Christmas Boutique.

9:30 Wednesday, November 15th. Sign up!

Thanksgiving Potluck

We must have a group signed up by Monday, November 13th and have volunteers to help make this happen. Lunch is Thursday, November 23rd starts at 2 PM in the Ramey Center. Bring your favorite Thanksgiving day dish to share. Turkey and ham will be provided. Residents handle this event without staff so staff can be with their families on Thanksgiving day. Sign up with the front desk, so that we know how much turkey & ham to get. Family & friends are welcome to attend. We need everyone who is going to attend to sign up.

Please let the front desk know what you are planning to bring and give your name & phone number. If we do not have a group and volunteers there may not be a potluck.

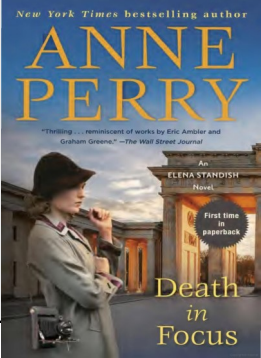


Book Club

The Westminster Village Book Club will meet at 2:00 on the second Wednesday, October 11th in the Doris Marks Village Library.

The book for October is "Death in Focus" by Anne Perry

Open discussion.... All are invited to attend.





Library News

There is a notebook on the library desk to help you find what you are looking for. The library has a nice Sci Fi selection.

If you have checked books please return when you are done with them. Place them on the desk, we will do the rest.

Have a great Halloween!

Thank you! Your library volunteers: Doris Marks, Loretta Heard, Donna Clayton, Debra Dodson, Nancy Frame, and Susan Person.

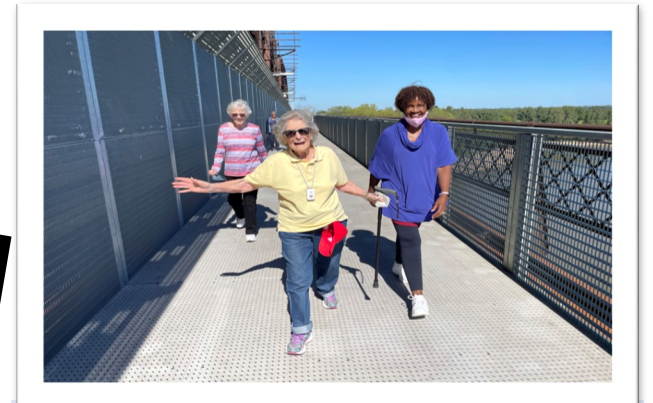



Faith In Action Faith in Action offers the following services: Light Housekeeping - Respite Care - Local Transportation - Letter Writing - Telephone Reassurance. If you need a ride you must have an application on file and give 24-hour notice. Please call 532-1501 for more information.

Move In Anniversaries

Carolyn Johnson	10 years
Debra Dodson	9 years
Tammy Frazier	4 years
Skip Walker	4 years
Carla Jones	3 years
Patricia Raper	3 Years
Debra Dodson	1 Year
Jane Mitchell & Judy Goodwin	1 Year

Morning Exercise Mondays and Thursdays
9 a.m. in the Ramey Center Gym. Bring a bottle of water for hydration.



Walkin' the Memphis Bridge
Friday, October 13th
We will leave at 9 AM
We will have lunch at the Half Shell
Sign Up!

HAPPY BIRTHDAY

OCTOBER

- 2nd Greg Davis
- 4th Joni Fuller
- 5th Diann Jones
- 6th William Avery
- 7th Sandra Faulkenberry
- 9th Phyllis McCanless
- 10th C.W. Cummings
- 10th Anita Thompson
- 12th Mary Dyer
- 16th Carla Jones
- 27th Peggy Smith
- 29th Debra Dodson
- 30th Donna Calvert
- 31st Linda Munhall

Employees' Birthdays

- 20th Tammy Swanson
- 26th Maya Davis
- 27th Leslie Acred

CRAFTY ONES
2 PM Thursday the 5th & 19th
2 PM in the Craft Hut

BINGO
Birthday & Move-In Anniversary Celebration

Tuesday, October 17th
4 PM Ramey Center
Then Chili Supper



Resident Services News

Sign UP! Show UP! Have Fun!

Be sure to sign up for the trips and events in October and November. Thanksgiving & Christmas are almost here! Good grief 2023 is almost gone.

We are going to walk the Memphis Bridge at 9 AM Friday the 13th then go to lunch at the Half Shell. This will be a fun trip.

Planning a Fall colors day trip in November to Halls, Tennessee for lunch at The Just Devine Tearoom. It is a lovely cool time of the year.

We have places to go, things to see and do in 2024 is getting closer and closer!!

**God Bless WMV,
Kendall Berry
Resident Services Director**



Breakfast

VETERANS BREAKFAST BRUNCH HOUR!

**10 AM Thursday November 9th
Ramey Center
Sign Up!**

**Kendall will be fixing
a simple breakfast eggs,
bacon, sausage gravy &
biscuits Ramey Center.
Please sign up with
the front desk.**

**Veterans Day Service
Blytheville Courthouse
Saturday, November 11th at 11 am**

MEMPHIS ZOO

**Sign up with the front desk now for
Westminster Senior Day at the
Memphis Zoo
Wednesday, October 4th at 8 AM from
the Ramey**

- FREE to Seniors
 - LIVE Entertainment
 - FREE Tram Rides
- FREE Admission

1 PM Lunch Half Shell.

Free ZOO DAY so sign up today!

Walk the Memphis Bridge



**9 AM Friday, October 13th
Let's walk the Memphis Bridge then
have Lunch at Pearls Oyster House in
Memphis.**

CRAFTY ONES

**2 PM Thursday the
5th & 19th
2 PM in the Craft
Hut**



Charlene's in Halls, TN Christmas Boutique and Just Divine Tea Room

**Wednesday, November 8th 9:00 a.m.
Ramey Center**

Sign up with the front desk.



Thunder Bayou Golf Course
is ranked # 4 in the state of Arkansas
Call 532-2621.

Westminster Village Directors

Tammy Swanson	Executive Director
Cindy Williamson	Administrative
Leslie Acred	Marketing
Kendall Berry	Resident Services
Butch Sanders	Environmental Services
Angela Hollins	Accounting

Board Members

Jeremy Bennett, Billy Curl, Beth Fitzgerald,
Tom Henry, David King, Roger Oldham,
Janet Robertson, Victoria Sierra, Bill Sullivan,
Gary Swain

Board of Directors

President	Janet Robertson
Vice President	Beth Fitzgerald
Secretary/Treasurer	Roger Oldham

**Westminster Village is a 501(c)3
non-profit corporation**

The Advisory Committee: Loretta Heard, Helen Walker,
Annie Campbell, Gary Walker, Tommy Hayes,
Vicki Schrimsher, and Patty Guttridge.

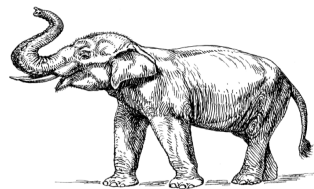
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file and give 24-hour notice. Please call 532-1501 for
more information.**

**Remember, you can always find
the most current Village Voice in full color
online at: <http://www.wmv.org/newsletter>**

The White Elephant



We would like to invite everyone to come out and visit the White Elephant. In case some of you don't know we are a resale shop for Westminster Village, and the money that we make goes to the resident funds. We have so many things to choose from. We are open to the public, so tell your friends and family about us. We are open on Fridays and Saturdays from 10 to 3. We also have a Facebook page under White Elephant it has a Big W with a circle around it. We would love for you to follow us on Facebook. We also take donations, all we ask is that when you do please make sure that the box or bag is closed so no critters get in them. There is a table in the front of the store that you can leave your donations.

We are looking for volunteers that would be willing to help out on Fridays and Saturdays. We need someone that is willing to sort clothes good from bad, be able to take clothes that are priced and hang them up. If you like meeting your neighbors and other folks this is a perfect volunteer job. If you are interested just come by the White Elephant Friday or Saturday and let's talk.

Thank you, White Elephant Crew **Hours: Friday & Saturday 10 to 3**

Accounting News

I am definitely looking forward to fall, it's my favorite time of year. Campfires, marshmallows and hoodies.

Let's not forget that you can come see me or call my office anytime for any of your accounting needs. Such as signing up for Direct Deposit for your rent, any questions you may have on your monthly statements, or any other issue that may arise.

Also, don't forget to take advantage of the 11/12 Program we offer to our Westminster Village residents. Prepay your rent for 11 months and the 12th month is FREE. This is a great deal and I enclose this flyer with your statements each month which explains the savings.

We will no longer send out paper statements. If you wish to receive a statement by email please contact the office with your email address.

**Angela Hollins,
Accounting Director**



Environmental Services News

Hello Residents,
Are you as thankful as I am for the change of seasons and cooler temperatures?
We will be changing filters and checking your heating units to make sure they are working properly during October.

Please don't hesitate to call in a work order when a maintenance issue surfaces.

We would rather you call in 5 separate work orders than one work order with multiple issues. This will keep our system flowing smoothly so we can address all your concerns in a timely fashion.

**Butch Sanders,
Assistant Environmental Services Director**



Marketing News

It's All in the Numbers...

Blood pressure, blood sugar, weight, BMI, calories, steps...it all comes down to numbers. My blood pressure has recently caught my attention and I know I have got to focus on these numbers.

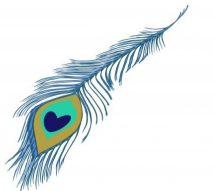
I started walking everyday a few years ago and did real well for several months. As I started the walking, residents would see me and stop and ask if I had a flat tire or if my car had broken down – they could not imagine me walking intentionally. I used a clip on pedometer – until it fell off and dropped into the toilet and was never seen again. I stopped my daily walks when day light savings time came along - it was dark when I got home from work and I gave in to making excuses.

I started walking again about a month ago and the hot temps made it unbearable in the evening. I looked like the bad witch melting in the Wizard of Oz after only walking half a block. I have changed it up a bit and began walking each morning around 4:30 and continue with a few laps around the block or so after work. I am committed to getting past day light savings time this round and I may have to walk laps at the Ramey Center and try out the toning tables in the gym as the weather changes my routine.

I have already found unexpected benefits to my new walking journey – I have been able to visit with some folks along my walks that I have not had a chance to talk with in some time. Just a few bonuses along my walk - I have a lady that brings me a bottle of water when she sees me go by, the lady that walks some with me while she walks her dog, several encouragers that come out to the sidewalk to visit and my favorite --- some definite supporters that spring their arm up with a big wave when I pass their home. I have also found some “behind the scenes” acts of kindness – the gentleman that brings a copy of the newspaper to his neighbors, the man that grills and makes up a plate to take across the street to share, the young man that shapes up the shrubs next door – some free “happies” that I find on my route.

When you see me walking by - know that my car is running just fine and all my tires are good – please give me a big smile and wave me on as I work at getting myself and my numbers in better shape...and take some time to find your own “steps” to take extra care of yourself today!

**Love, Leslie Acred,
Marketing Director**



Administrative News

“Hee Haw” Variety Show

Your Westminster Village employees are preparing for a Hee Haw good time on October 26 at 5:30 p.m. in the Ramey Center. We will start the event with a fish fry served to our residents and then move on to entertainment. We plan to have singing and laughter. We want to see you (the resident) come dressed as your favorite Hee Haw character. There will be a costume contest. It would be extremely helpful if you would call the office and sign up so that we know how many to prepare for. I've heard that laughter is the best medicine, so come prepared to have fun. Our goal is to make you laugh before you leave to go home for the night. We can't wait to see you there!

**Cindy Williamson,
Administrative Director**



THURSDAY, OCTOBER 26
5:30 P.M.
RAMEY CENTER

**Fish Dinner
and
“Hee Haw”
Variety Show
Entertainment**

DOOR PRIZES (BIG DOOR PRIZE)
COSTUME CONTEST

COME DRESSED AS YOUR FAVORITE “HEE HAW”
CHARACTER AND PARTICIPATE IN OUR “COSTUME
CONTEST”. (THE WINNER OF THE CONTEST WILL
RECEIVE \$50 OFF NEXT MONTHS RENT.)

Hawley MAGIC

OCTOBER 7 | 7:00 PM


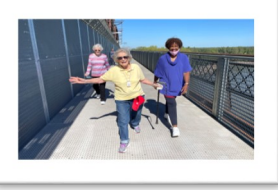

Tickets:
\$25 Lower Level
\$10 Upper Level

THE RITZ THEATRE | BLYTHEVILLE

<https://www.onthestage.tickets/show/ritz-civic-center/64c502d420b68c0e3ed964b2>



October 2023 Village Voice

Sun	Mon	Tue	Wed	Thu	Fri 	Sat
					10 to 3 White Elephant	10 to 3
1 RC - Ramey Center VT - Village Trail VP - Village Pool CH - Craft Huts ANC - Arkansas Northeastern College	2 9 AM Exercise Class RC 5:30 Tops RC	3	4 11:00 Puerto De Acapulco Sign Up!	5 9 AM Exercise Gym 10 AM Coffee RC 2 PM Crafty Ones CH	6	7
8	9 9 AM Exercise Class RC 5:30 Tops RC	10 1:30 PM Advisory Meeting RC	11 11:30 Pizaa Inn Sign Up!	12 9 AM Exercise Gym 10 AM Coffee RC Senior Games	13  9 AM Memphis Bridge Walk & Half Shell Sign Up!	14
15	16 9 AM Exercise Class RC 5:30 Tops RC	17  3 PM Birthday Bingo RC	18 11 AM Round House Caruthersville Sign Up!	19 9 AM Exercise Gym 10 AM Coffee RC 2 PM Crafty Ones CH	20	21
22	23 9 AM Exercise Class RC 5:30 Tops RC	24 5 PM Chili Supper Cobb Funeral Home	25	26 9 AM Exercise Gym 10 AM Coffee RC 5:30 Fish Dinner "Hee Haw" Variety Show	27	28
29	30 9 AM Exercise Class RC 5:30 Tops RC	31 	1 November	2	3	4