

THE VILLAGE VOICE

Karaoke

Sing
a
long



THE VILLAGE VOICE

Tammy Talk



Happy August yall! Summer is still going strong and school will be back in session before we know it. That means traffic at the highway again. We've had a nice break of that! We are looking forward to another month of fun with you all. It's important to stay active and moving. As our beloved Doris Marks would say "A body in motion, stays in motion." I believe that. My husband and I went on vacation last month to Chicago for a family reunion. After all the reunion festivities, he and I took a few days alone for vacation. We walked and walked and walked some more. Over 20,000 steps a day! I really thought I would be more sore than I am, but I'm not. I actually feel pretty good.

We had a great time at the Sock Hop! Carrie did phenomenal on the burgers and shakes! Kylie, Leslie and Carrie went above and beyond again on the décor! Everyone was dressed so cute! We looked like a little 50's diner. Then the Karaoke started! It's always fun to do Karaoke with you all. So much fun! I have to admit, I was a little sore the next day from the skates, but not so much from the fall from the skates. That pain hit more on day 3! Residents and employees had a blast at the "grill & chill" on the 4th.

I'm a video watcher. I spend way more of my down time watching them than I would like to admit. I like to watch them because I like to learn! I came across a couple that explained different phrases that we still use today, and where they originated from. I thought that would be fun to explore.

In 17th Century England, heavy rainstorms would cause streets to flood washing debris and animals into the streets and gutters. Watching the cats and dogs along with refuse get washed away in the gutters, it was said to have been raining cats and dogs. The phrase is still used to this day to describe a heavy downpour. In the early 20th Century, people experienced a sudden cold and clamminess on their skin during severe withdrawal symptoms from a substance addiction, like that of a turkey carcass. To describe quitting something abruptly, according to what others witnessed, the phrase "quitting cold turkey" came about.

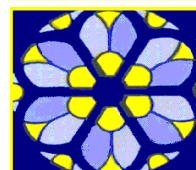
In the early days of military and camp life, they would use sacks filled with hay or straw in them to sleep on. After a hard day of physical labor or marching they looked forward to getting home and collapsing on these mattresses which coined the phrase "hitting the sack".

We have a company that will be on the property with us for at least the next 9 months to a year. They are here with a program from Black Hills Energy to winterize and weatherize your homes. It will lower your utility bills. I'm afraid there is not an option to having your homes done. We have to do them all. **No one can be skipped. It is mandatory.** As soon as I'm alerted, I will let you know via one call when your area will be worked on. It will take them about 4 hours to do each home and you can be home or not. Please let us know what you prefer. No need to call the office. We will keep you informed.

We look forward to another fun filled month with you all, and hope to see some new faces as well! Come out and join us, you will have a great time I promise!

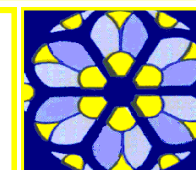
God Bless Us All!

Tammy Swanson, Executive Director



Our Mission Statement

Westminster Village is committed to providing an environment that encourages and enables our residents to enjoy life to the maximum of their capabilities in a relaxed atmosphere of security, comfort and dignity.



Thursday, August 1, Coffee, RC
9:30 a.m.
Full Breakfast 10 a.m.
Hosted by Carrie and Leslie.

Thursday, August 8
9:30 mingle 10 a.m.
Coffee, RC
Southern Caregivers

Pool tournament RC
Tuesday, August 6, 2:30 pm
Last months winner, Art.
Come see if you can earn the
winners title.

Dyersburg Lunch at the
Grecian & Shopping
Wednesday, August 14
Leaving the RC at 10 a.m.

Thursday, August 15
9:30 a.m. mingle 10 a.m.
Coffee, RC
Charles Moody

BINGO
Birthday &
Move-In Anniversary
Tuesday—August 20
2:00 PM Ramey Center
Hosted by Jennifer.


Thursday, August 22
9:30 a.m. mingle 10 a.m.
Coffee, RC
Hosted by Tammy

August 23
Boutiques on Main Street
Lunch at Benny Bob’s
Leave at 10 a.m.

“Movie Day”
Movie to be determined.
Tuesday, August 27 / 2 p.m. RC
Please sign up if you plan to go.
Hosted by Kylie.

August 28—12 noon
Resident Potluck
Hosted by Residents, RC
Please call the office and let us know
what you intend to bring to the
potluck.

Thursday, August 29
9:30 a.m. mingle 10 a.m.
Coffee, RC
Hosted by Tammy



HAPPY
LABOR
DAY

September 2
Labor Day
Office Closed

Sign up for events ladies and gents.

Happy Birthday
August Birthdays
3rd Annie Conley
7th Travis Fuller
7th Elizabeth McCormick
12th Melchelle Wagner
13th Perry Bell
13th Merrill Frame
13th Ella Sanders
14th Shelia Blackmer
18th Carealine Tuggle Armstrong
22nd Mark Tomlinson
23rd Frank Martinez
25th Kim Street

Employees
8-14 Margie DeFries
8-29 Sammy Presswood

Library News

The Doris Marks Village Library is a special treasure for our Village! With thousands of books to choose from as well as a place for residents to relax and read. Let that good book take you to places you’ve never been. Imagine yourself as the hero in the story.



The library volunteers will be at the library Wednesdays from 8-10 a.m. Residents are free to go to the library any time. Happy Reading from the library volunteers. Residents wanting to volunteer should contact Loretta Heard.


Move In Anniversaries

<u>Move In Anniversaries</u>	
Pearl Valentine	8 years
Gary & Vera Walker	8 years
Brenda Maharaj	7 years
Clyde & Carol Stanford	3 years
Marion Erwin	2 years
Tim Jones	1 year

New Move Ins:

The Westminster Village “Book Club” meets **Wednesday, July 10 at 2 p.m.** in the Library.

The book is **It All Comes Down to This** by Therese Anne Fowler.



All are welcome to attend.

The Advisory Committee:

Loretta Heard, Annie Campbell, Gary Walker, Tom Hayes, Vicki Schrimsher, Eva Henderson, Donald Dunlap

The Advisory Committee serves as a voice for the residents of Westminster Village. The Advisory Committee meets at 1:30 the second Tuesday of the month.

Westminster Village Directors

Tammy Swanson, Executive Director	Cindy Williamson, Administrative Director
Leslie Acred, Marketing Director	Butch Sanders, Environmental Services Director
Jennifer Stigall, Accounting Director	

Board Members

President, Janet Robertson	Vice President, Beth Fitzgerald	Secretary/Treasurer, Roger Oldham
Jeremy Bennett, Billy Curl, Tom Henry, David King, Victoria Sierra, Gary Swain		

Westminster Village is a 501(c)3 non-profit corporation



Demo has begun!
Hot diggitty dog
diggity!!!!

Kroger Members
Remember to link your rewards card to your charity of choice. We would love for you to choose Westminster Village.
All donations go to the roof fund.
We appreciate all who have donated.

During demo, we respectfully ask residents, depending on what street work is on, to please change your route to lessen traffic in the work area. Do not park your vehicles in work areas. If vehicles are in the way of the work crew, vehicles will be towed at the expense of the resident. One calls will go out on a regular basis to inform residents of what streets work is being conducted. We ask for patience during deconstruction. Every effort will be made to make this as painless as possible. Thank you in advance.

Walking Club, Tuesdays, 8 a.m.
Village Trail, With Kylie

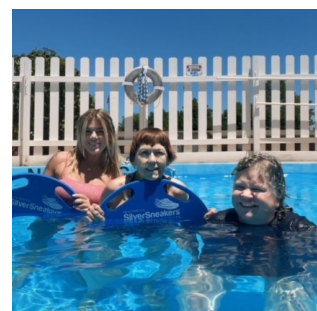


What is
more useful
when it is
broken?

An 699



Exercise (Silver Sneakers)
with Kylie
Monday's and Thursday's
9 a.m. Ramey Center Gym



Water Aerobics
11:30 a.m.
Mondays and Thursdays
at the pool.
Continues through the summer
Led by Kylie.



Mark your calendars.

We would love to showcase our resident talent. If you are interested in showing off your special talent or hobby and would like to do a presentation, call the office and we will put you on the calendar.

Black Hills Energy will be working toward weatherizing homes over the upcoming months. We are working closely with them to ascertain what order the work will be done. This is a time consuming project and we will not have a schedule. Someone from the office will call you as we learn the order. Please, **DO NOT CALL** the office and ask for more information. We don't have any. Thank you.

FAVORITE RECIPES

The monthly resident potluck is a hit. Residents are requesting recipes of some of the dishes. If you would like one of your favorite recipes published, drop it off at the office with Tyler.

“Relay for Life”

September 6 / 6-8 p.m.
Theme is “Carnival”.
Contact Tammy if you would like to volunteer or sell luminaries. Stay tuned for more fundraisers. Proceeds go to the cancer society.
Luminaries are due by August 30th.
Luminary forms submitted after August 30th will be handwritten in black Sharpie.

“Murder Mystery Dinner” and Halloween Party
5:30 p.m. R. C.
Meet and greet
6 p.m. meal

Tuesday, October 29

Resident
Thanksgiving Potluck
November 28 / 12 noon

Resident Christmas Potluck
December 25 / 12 noon

We have exciting things in the works.

PACEMAKERS WALKING CLUB

Meet at the Village Trail, every Tuesday at 8 a.m. and walk the trail as a group. We would love to have a big turn out. Everyone will walk at their own pace. Bring your walkers, canes, whatever. If you just want to sit on the benches and visit or cheer someone on that will work too. Occasionally there will be schedule conflicts, but the goal is every Tuesday. Put those walking shoes on.

A full breakfast will be served the 1st Thursday of every month at 9:30 a.m. during coffee. Residents **must** sign up.

The **resident monthly potluck** at noon the last Wednesday of every month. Residents **must** sign up and don't forget to let us know what you plan to bring. This is a resident driven meal.

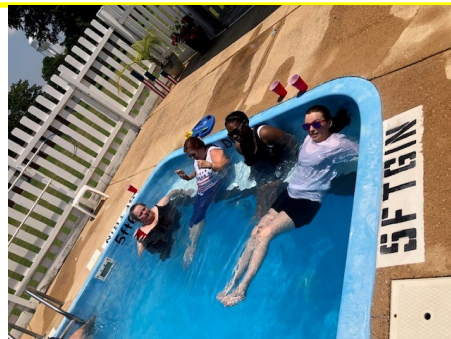
CRAFTY ONES

**2 PM Thursday
August 8 & 22**

at the Craft Hut

Please remember, work orders should be called into the office during office hours from 8 a.m. to 5 p.m. Between 5 p.m. and 8 a.m. Nights and Weekends you will notify security at 870-623-4119. Please ***do not*** call employees cell phones with work order requests.

Grocery Run with Kylie, Monday's at 1 p.m.
Contact the office if you need to be included.



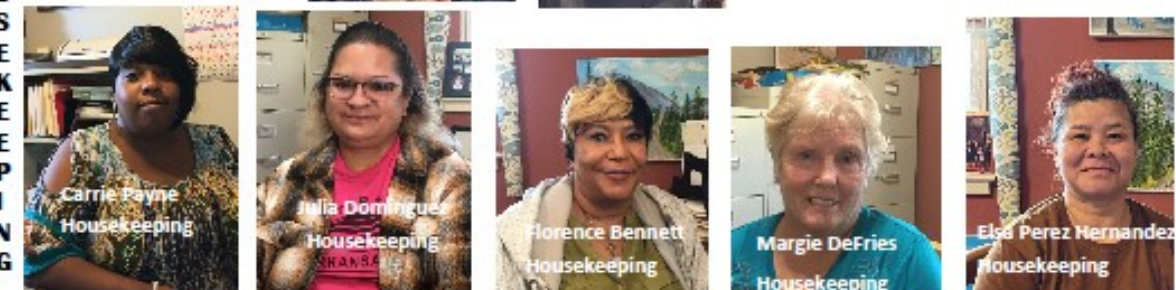
The chill part of the grill and chill.

Maintenance Department



Landscaping

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Security



Remember, you can always find the most current Village Voice in full color online at <http://www.wmv.org/newsletters>

Don't forget about the **11/12 program. Earn more interest than you can get from the bank! Call Jennifer in the accounting office for more information about this program.**

Residents receive handbooks at time of move in that explains Westminster Village's policies. Policies are written for the good of all residents. When a resident(s) determine the policies don't include them, then management is faced with an issue that has to be resolved. We politely request that residents apply the policies of the handbook. Thank you for your cooperation. If you need a copy of the handbook, please contact the office.

Work Orders

Requests for routine maintenance must be made during regular business hours by calling the front desk. The front desk will complete a work order for you; no service will be performed without a written work order. When a work order is called in please advise the receptionist if you will not be home so that we may have the correct keys/alarm code to enter your home. Please advise the receptionist if you will not be home or if you have a pet. Extra services requested by the resident during a maintenance visit must be called in to the front desk for a separate work order.

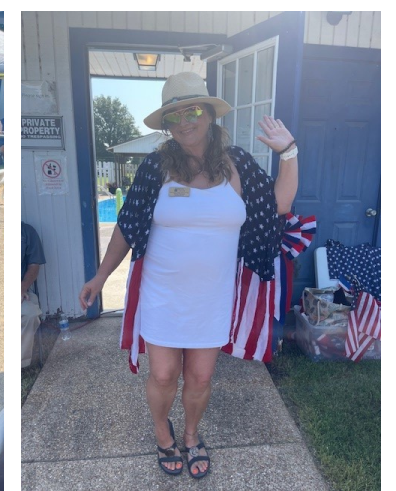
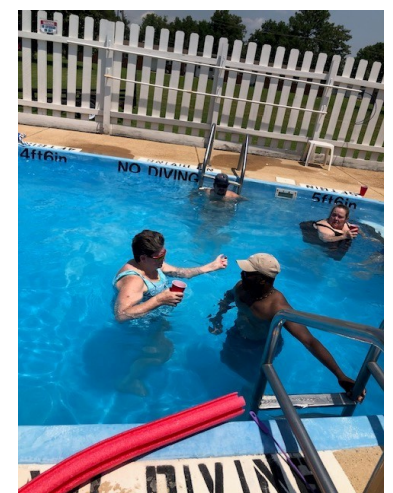
Resident safety is a priority to Westminster Village. To that end, Village employees cannot lift or transfer residents at any time. If you have fallen or need physical assistance of any kind please call 911.

Vacations and Extended Absences

One of the advantages of living at Westminster Village is having the opportunity to plan vacations or extended absences with the assurance that we will monitor your residence. Please inform the office when you intend to be away overnight or for a longer period of time.

HOUSEKEEPING SERVICES

Housekeeping is available Monday through Thursday with prior arrangements. Housekeepers do general cleaning, sweeping mopping, cleaning bathrooms, dusting and vacuuming. Special requests such as cleaning windows and appliances is available at additional charges. Call the office for pricing and scheduling. A yearly housekeeping contract is available at a discounted rate.



August 2024

We can’t stress enough the importance of signing up. When we see that no one has signed up the event gets cancelled.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
ANC - Arkansas Northeastern College RC - Ramey Center CH - Craft Hut			Library Volunteer Hours 8-10 a.m. Or come any time.			
				19am Exercise Class RC 9:30 Mingle / 10am Coffee Full Breakfast Hosted by Carrie and Leslie. SIGN UP! 11:30 AM—water aerobics	2White Elephant 10 to 3 4:30 Resident Dance RC 6 PM Mexican Train Dominoes RC	3White Elephant 10 to 3
4	59AM Exercise class RC 11:30 AM—water aerobics 1 PM Grocery run 5:30 TOPS	68 a.m. Pacemakers Walking Club, Village Trail 1:30 Advisory—R. C. 2:30 pool tournament	72 pm Book Club Library	89am Exercise Class RC 9:30 Mingle 10am Coffee - Hosted by Tammy 11:30 AM—water aerobics 2pm Crafty Ones CH	9White Elephant 10 to 3 4:30 Resident Dance RC 6 PM Mexican Train Dominoes RC 	10White Elephant 10 to 3
11	129AM Exercise class RC 11:30 AM—water aerobics 1 PM Grocery run 5:30 TOPS	138 a.m. Pacemakers Walking Club, Village Trail	14Leaving the Ramey Center at 10 am Dyersburg lunch & shopping SIGN UP!	159am Exercise Class RC 9:30 Mingle 10am Coffee - Hosted by Tammy 11:30 AM—water aerobics	16White Elephant 10 to 3 4:30 Resident Dance RC 6 PM Mexican Train Dominoes RC	17White Elephant 10 to 3
18	199AM Exercise class RC 11:30 AM—water aerobics 1 PM Grocery run 5:30 TOPS	208 a.m. Pacemakers Walking Club, Village Trail 2 pm -Birthday & Move-in Bingo Party Hosted by Jennifer	21	229am Exercise Class RC 9:30 Mingle 10am Coffee - Hosted by Tammy 11:30 AM—water aerobics 2pm Crafty Ones CH	23White Elephant 10 to 3 Boutiques on Mainstreet Lunch at Benny Bob’s Leave at 10 a.m. 4:30 Resident Dance RC 6 PM Mexican Train Dominoes RC	24White Elephant 10 to 3
25	269AM Exercise class RC 11:30 AM—water aerobics 1 PM Grocery run 5:30 TOPS	278 a.m. Pacemakers Walking Club, Village Trail 2 pm—Movie RC To be determined	2812 noon—resident potluck Call the office to sign up and tell us what you are bringing to the potluck.	299am Exercise Class RC 9:30 Mingle 10am Coffee - Hosted by Tammy 11:30 AM—water aerobics	30White Elephant 10 to 3 4:30 Resident Dance RC 6 PM Mexican Train Dominoes RC	31White Elephant 10 to 3